

# The Scurrah Wainwright Charity

## **Review of grants 2021**

#### Introduction

For the third year running, the Covid-19 pandemic features prominently in our annual Review of Grants and the several references to 'Long Covid' suggest that the effects of the disease will be felt for some years to come. But overall, we were relieved to see plentiful signs of the world and its needs returning to something more like normal. Normal, however, is far from the sort of world that we would all like to enjoy.

Needs met by our grants, sometimes in full where a very local project is concerned, or sometimes on a large scale where our contribution has acted as a trigger or encouragement to other funders, are too often shockingly basic. Decent food, housing, health treatment; you will find all of them here alongside the many projects for increasing self-esteem, encouraging the young to grasp opportunities, and imaginative use of technology – old in the case of Sage Sheffield's allotmenteers and their welcome to novice gardeners with a mental health condition; new in HK Media's courses in radio for young people with autism.

It is good to have a range of grants which take a longer-term look as well, such as the On Being European project which is sounding-out people across the continent for their views on issues which have the potential to make or break the compact that has held firm, with such good effects, for over 75 years. At the time of writing, the cruel war inflicted by Russia on Ukraine is a reminder that we cannot take such compacts for granted. The Dark Tower was pulled down at enormous cost in 1945 but there are always those who would build it up again.

The charity's connection with Zimbabwe is another great source of pleasure even though it can be difficult to get funds successfully to small charities and activists there because of the country's financial problems and the security measures understandably taken by banks and other financial institutions. The final report here, from Zimconserve, lifts the heart; and so do those from or in aid of ethnic minority groups in the UK itself who so greatly enrich our national life.

When David Oluwale died in 1969 after brutal harassment by Leeds police, it seemed inconceivable that a memorial would be created for him in the centre of his adopted city. But this is now underway, preceded by the giving of his name to a new bridge over the River Aire in which he drowned, and a blue plaque from Leeds Civic Trust. The latter was promptly vandalised but in a way which rebounded on the perpetrators as the report in this review from the David Oluwale Campaign describes.

That particular project has a personal link for us. Richard Wainwright, the ever-ebullient uncle of the charity's founder, dived into the then indescribably filthy River Aire in Leeds in 1880 to rescue a drowning man. The citation of his resulting award from the Royal Humane Society hung on the family walls and was a proud part of our childhoods. It is good that the name of Oluwale can begin to bring pride to Leeds too, rather than shame.

#### The charity's history and administration

The Scurrah Wainwright Charity takes its name from Henry Scurrah Wainwright OBE (1877-1968) who was a Leeds chartered accountant and social reformer. He was also instrumental in founding and building up the Leeds medical company, Chas F Thackray Ltd, whose sale in 1990 led to the founding of the charity. Scurrah (a name taken from a family from Well, near Ripon, which married into the Leeds Wainwrights) was also a keen Methodist and a nationally known grower of prize delphinium plants. He served as president of the Leeds Society of Chartered Accountants and was honorary secretary of the Leeds Tradesmen's Benevolent Association for 33 years. During the Depression of the 1930s, he was appointed the first chairman of the Unemployment Assistance Board's Leeds and district advisory committee. In this capacity, which he held until retiring in the late 1940s, he organised personal interviews for every unemployed man in the city under 30 to help them find work. His gardening passion played a part too; in tandem with Leeds' great reforming Labour administration in the 1930s, he tirelessly encouraged the use of allotments and garden space on the big new housing estates.

Scurrah and his wife Emily's son and only child, Richard, grew up to share his parents' values and served as a conscientious objector with the Friends Ambulance Service in the Second World War. He was a member of a Leeds NHS hospital board and became a Methodist local preacher before winning election at his fifth attempt, in

1966, as Liberal MP for Colne Valley, the textile and engineering area on the Pennine border of the Roses counties.



In recent annual reviews, we have included a little information about Scurrah and this year his interest in public sculpture is an obvious choice. The subject has become of much wider interest than usual following Black Lives Matter protests and the unexpected bath in Bristol docks taken by the statue of Edward Colston, a 17<sup>th</sup> century merchant and generous donor to the city who traded in slaves. The furore prompted Leeds City Council to examine the wealth of public sculpture in the city, to which the Oluwale memorial will be a welcome addition.

They did not recommend any drastic action which is something of a relief as the Wainwrights have been responsible for a number of statues in the city. The first, best and most prominent is of the engineer James Watt, he of the steam kettle, which was given by Scurrah's uncle Richard Wainwright in 1898, not long before his death, although not installed until 1902 when the whole collection of statuary organised by the textile machinery manufacturer

Colonel Thomas Harding was ready to be unveiled. This includes the huge equestrian figure of the Black Prince, three other 'worthies' who stand alongside Watt, and eight loosely-draped young women representing Morn and Even who are known generally as the Nymphs. The family children misheard this as Imps and in our various households that name has stuck.

Watt has never been a wholly popular choice because of his ruthless rivalry with his Leeds counterpart Matthew Murray but so far no one has taken him off his perch, except for a year in the 1990s when all the statues except the immovable Black Prince went to the Yorkshire Sculpture Park to be cleaned before re-installation in the pattern seen today. This is the third arrangement; the first is shown in the *Municipal Journal* picture above with

a note by Scurrah pointing out that his cousin Walter Wainwright, a former chair of the Leeds Guardians of the Poor, had presented the statue on behalf of his late father. The statues were seriously threatened in the early 1950s, however, and Scurrah was a leading opponent of the successful campaign against a 'modernising' scheme which would have prioritised traffic and done away with the sculptured 'clutter'. This has long been celebrated by the family, as in the picture on the next page of various trustees and future trustees cosying up to Watt – Hilary, the late Richard, Jessie, Tom, Olly, Martin and Penny.





In the 1990s the trust was directly involved in commissioning the sculpture of a boules player and spectators by Roger Burnett, shown left, which is in Bond Court by the small garden and boules court which the SWC gave to Leeds. We also paid through Leeds Civic Trust for the Leeds Millenium Statue of Arthur Aaron VC and Leeds children by Graham Ibbeson which stands on the rotunda in front of Leeds Playhouse. Aaron was chosen in a public vote for a suitable sculpture to mark the year 2000. As per the Introduction to this report above, we are very glad to play a more modest role in the creation of the Oluwale memorial, continuing a tradition going back for 125 years.

The Scurrah Wainwright Charity was set up and registered, number 1002755, with the Charity Commission in Spring 1991 when the inaugural meeting was held at Cragg Mount, Woodlands Drive, Rawdon, Leeds LS19 6JZ. It originally took the holding title of the Wainwright Family General

Charitable Trust but trustees felt that a more direct tribute to Scurrah Wainwright was appropriate. Following a long and memorable meeting at Rudding House, near Harrogate, the parallel Andrew Wainwright Reform Trust Ltd was also established to promote radical aims outside the limits allowed by the charity laws. Both trusts were endowed through funds from the sale of Chas F Thackray Ltd.



The charity also has strong roots in the H S Wainwright General Charitable Trust, set up by Scurrah Wainwright, but for some years after Andrew Wainwright's death in 1974 known among trustees as 'Andy's Trust'. During the late Seventies and the Eighties, this established a strong tradition of causes associated with Zimbabwe - especially helping Zimbabwean students - in memory of Andrew's affection for the country and its people. A small book of his diaries and letters from Hlekweni rural training centre was published by the Trust, which has some copies still available. There are also copies in the Trust library. The Zimbabwean connection has been nurtured and maintained by the charity and widened to include Southern Africa.

In 2020, the charity continued to be run by five trustees, all members of the Wainwright family. The chairman was Martin Wainwright, former Northern Editor of *The Guardian*. Other trustees were Hilary Wainwright, co-editor of *Red Pepper*; Tessa Wainwright, teacher of English as a foreign language; Penny Wainwright, author; and Hugh Scott, solicitor and former trustee of Manningham Housing Association. Trustees are

conscious of their long tenures and are encouraging fuller participation by their five children and their partners and this process has been stepped up in 2021 so that all are now receiving papers for meetings. Appointing trustees from outside the family is considered regularly – most recently in 2019. Meanwhile trustees believe that the range from the family is diverse and works well. Kerry McQuade is the long-serving and much-appreciated administrator for the Charity and the Andrew Wainwright Reform Trust – appreciated by grant applicants as well as trustees. She may be contacted at 19 Wadsworth Lane, Hebden Bridge, West Yorkshire HX7 8DL e-mail: admin@wainwrighttrusts.org.uk. The registered office is at The Barn, Thrupp, Kidlington, Oxon OX5 1JY. Peter Dyson, of Bairstow & Atkinson, Halifax, is the charity's financial adviser and accountant. Investment is managed by Close Brothers Asset Management.

Thank you for our cover pictures to the David Oluwale Campaign, Mums United, Zimconserve and Manor Community Transport.

#### **Review of grants in 2021**

It is a condition of grants that recipients must report on their use and the following summaries are based on those reports. The trust has found over the years that these are accurate and honest and that when an organisation has offered to update us later about developments or unresolved issues, it has done so. That said, it is largely impracticable for the trust to check all outcomes in detail, especially of work further afield. Large numbers of superlatives induce caution and jargon can be off-putting, but the level of clarity about problems has been notable and the sheer quantity of good work speaks for itself. There has been limited sub-editing to allow recipients to speak for themselves.

#### ADVOCACY ALLIANCE

*Given £4800 in November for self-advocacy support and training for residents of a supportive community for people with a learning difficulty* 

The funding enabled us to cover the cost of visiting Botton Village every two weeks – a total of 23 visits. The grant was spent on staff time, travel costs for staff and volunteers and resources for self-advocacy training sessions – including booklets and refreshments. We initially tried holding self-advocacy sessions in the Old Botton Store and asking people to come along. This worked for some individuals but resulted in our not getting the chance to offer the service to as many people as possible. We therefore changed the arrangements and started to visit workshops in the morning and afternoon and attend lunch at different houses within the village.

This was a much more successful way of delivering the training as we were able to work with many more people and ensure that staff were also aware of advocacy as a service.

We involved volunteers in the project, three volunteers (all of whom had experience of working with people with a learning disability), took it in turns to attend the sessions and were excellent at engaging with people living in the village. The inclusion of volunteers enabled us to offer a more person-centred training and allowed for additional support for individuals, as having two people present resulted in us being able to respond different individual needs more effectively than if we had only one session leader. The project has made a real difference for many of the people who live in Botton Village. We were able to work directly with over 95 people and indirectly with 170 people. The project also enabled people to identify when they had an advocacy issue that they weren't able to deal with by themselves. Staff were also able to refer people in for one to one advocacy support when they required it. This resulted in 19 people receiving direct one to one advocacy support that they would have been unlikely to access without the information and learning that they had done through the work funded by Scurrah Wainwright.

The new arrangements did create some challenges in the fact that on some but not all occasions staff were present. However we used this as an opportunity to give staff an understanding of what advocacy is and how they can support people to self-advocate. We could also challenge them when they raised ideas that were not supportive of the concept of individual self-determination. In situations where staff were present and an individual appeared to want to raise something but were not feeling able to – we arranged a follow up one to one meeting with them to give them the opportunity to speak freely. We were able to raise some collective issues with both care and support providers in the village. Some have been resolved, whilst others I am still negotiating with providers for them to sort. We now have funding from Henry Smith to provide an advocacy service to people with a learning disability or autism, so any one who has an advocacy issue can be referred to us for this. Whenever we are visiting a client in the village – we make sure that there is still plenty of information available about who we are, how we can help and how people can get in touch with us. I am continuing to work closely with both Avalon and Camphill Village Trust to encourage them to ensure that their staff know about advocacy and know how to refer people to us. We are working on some specific training for staff to help them identify 'advocacy' issues for their clients. Things people have said:

'It has been really good to learn about advocacy'
'It can be hard making choices'
'I like to learn new things'
'We get to make lots of choice in our house'
'I have chosen to move to an independent flat'
'Training was well delivered and aimed at the right level for our residents'

#### AFRICAN CHILDREN'S FUND

*Given* £5000 *in March for solar light kits to enable Zimbabwean school children to study at home during lockdown and beyond* 

We were thrilled to receive this grant to provide solar lights to 300 households in the Mutare Rural District, in Manicaland province, in Zimbabwe. African Children's Fund's Zimbabwean partner – Mwana Trust – already worked with 353 vulnerable children from these households by paying school fees, providing books and educational materials, and buying school uniforms. During awareness campaigns held during Coronavirus lockdowns in late 2020 and early 2021, children explained it was impossible for them to study at home during dark evenings with no electricity or alternative light sources. 85% of the 294 children who attended the awareness campaign sessions requested solar lights to enable them to keep up with their schoolwork during future lockdowns, and to complete their homework once school resumed. The majority of Mwana Trust's beneficiaries and their families relied on firewood, kerosene and paraffin to meet their cooking and lighting needs. These unsustainable sources of energy negatively affected school performance (by increasing eye-related diseases and respiratory problems) and produced a negative environmental impact.

On receipt of your £5,000 grant, Mwana Trust worked with a local supplier to procure 300 DGLITE 3 Lamp rechargeable solar light kits. Each kit contained 3 separate lights (so households with multiple beneficiaries can share a set), a separate solar panel

which charges the batteries for 8-12 hours, as well as a USB/SD port to charge basic electronic devices. The kits arrived at the end of June and for the next month, adult community volunteers were trained to support the installation of the lights within children's homes. The distribution of the 300 kits followed in August and September 2021. During December 2021 and January 2022, Mwana Trust representatives carried out 237 random beneficiary visits where it was identified that ALL visited households were still using their solar lights for home lighting and evening studies. In rural Zimbabwean communities, there is a culture of selling or exchanging donated items for food or other household necessities. The fact every household was able to produce and demonstrate their use of solar lights should be taken as a significant mark of success.



Did the grant make a difference? YES! Mwana Trust has established the solar lights provided by The Scurrah Wainwright Charity grant have made a difference in four key areas:

**Improved Study Habits and Academic Performance.** Though it has not yet been possible to correlate exam performance to solar lights – due mostly to exam disruption in 2021 due to local Covid-19 restrictions – school monitoring has demonstrated improvements to study habits from children living in households who received solar lights. 68% of children confirmed they study between 6pm-8pm, with 20% regularly studying until 9pm. Rethabile – a grade 6 student at Zimunya Primary School – reports: *"Solar lights are very helpful for night studies because I am able to write my home work with the assistance of my elder sister. Before I received solar lights from Mwana Trust I was well known in class for not completing my homework because I had no lights at home."* Gabriella – a grade 7 learner at Chitakatira Primary School – adds: *"After school, I am overwhelmed with household chores like fetching water, fire wood, cooking and cleaning because my grandmother is old and no longer able to do all the chores* 

alone. Each and every day I will be busy after school. It is after I have finished all the daily chores when I am now able to study for a least one hour or more completing my homework."

Gabriella's testament also shows that the provision of solar lights has improved gender equality for rural girls who are often overwhelmed with household chores in a way their male counterparts do not experience. The solar lights enable girls to study at night after they have completed their daily chores. Solar lights have also contributed to improved confidence and self-esteem among project beneficiaries. 4 out of 6 School Contact Teachers interviewed report children from electricity off-grid areas do not traditionally have enough confidence in class because inadequate light for evening study means they do not complete their school work. Mr Mwedzi from Gombakomba Primary School confirmed: *"Some students, by not completing their work on time and finding no opportunities off finishing it at home, increase their chances of absconding classes the following day. Consequently, their self-esteem is lowered."* The new solar lights have significantly improved this.

**Improved Clean and Sustainable Energy.** The installation of solar lights reduced families' reliance on poorquality, high-polluting and expensive kerosene-based lighting, candles and firewood. Before this project was implemented, 60% of beneficiaries reported using firewood as their primary source of lighting while 40% reported using candles and paraffin. Thanks to the solar lights, these numbers are now negligible meaning less dirty, dangerous and expensive kerosene resulting in improved family economics and reduced carbon emissions.

**Improved Health.** Previous use of kerosene and candles frequently led to reports of childhood burns, respiratory infections, eye problems and hose fires. The introduction of solar lamps has significantly mitigated against these risks. Talent – a student at Rowa Primary School – told Mwana Trust: "*Being an asthmatic child, before I received a solar lamp, I used to have breathing problems in the evening due to the kerosene lamp we were using. I would inhale smoke for several hours as I was doing my homework. Now I am able to sleep well without any breathing problems. Thank you Mwana Trust for giving me the solar lamp."* 

**Mobile Phone Charging.** The DGLITEs have also eased the problem of family members walking long distances to the nearest shops to pay to charge their mobile phones. Parents and guardians are now easily able to charge their mobile phone at any time without any cost or hassle.

353 disadvantaged children from 300 rural households have directly benefited from the receipt of solar lights, yet we are also very pleased with the benefits provided to dozens of indirect beneficiaries including siblings and parents & guardians of the direct beneficiaries. Mwana Trust has collated a host of videos and case studies from beneficiaries and their families. We have included a selection of these below:

"Life has been difficult very before I received the solar lamp from Mwana Trust. My parents could not afford to buy a pack of candles which costs US\$1 per week. Now with the solar lights in place, I am able to do my house chores, read and revise my school work, with my 2 other sisters without any problems. The whole house is benefitting from the solar lamps. Thank you Mwana Trust!" Shyleen, Grade 3 student at Chitakatira Primary School

"Before I received the solar light from Mwana Trust, I used to walk to my friend's house, whose parents could afford to buy kerosene for their lamp to study. It was risky because of the wild creatures like snakes and scorpions. Now that I have my own solar light, I can manage and balance my time well". Juliet, Grade 3 student at Rowa Primary School

"I am the parent of Tapiwa, a Grade 6 child at Chitakatira Primary School. Before receiving the solar lamp, Tapiwa nearly got burnt in her room after she left a candle unattended and her blankets nearly burnt. Thank you Mwana Trust for the solar lamp, I am assured of Tapiwa's safety even If she reads for longer hours."

Thank you to The Scurrah Wainwright Charity for your support in providing 300 solar lights to vulnerable children living in rural Zimbabwe. The project has not only provided educational, health and environmental improvements exceeding those we had hoped for, but has also provided financial savings, security and added benefits for entire households! It has been our pleasure to work with you in providing sustainability, security, hope and opportunity to Mwana Trust's supported students.

#### BAGS OF TASTE

Given £5000 in November for food poverty courses in Sheffield, teaching 72 people to cook affordable healthy meals for less than  $\pounds I$ 

We delivered two Bags of Taste Mentored home cooking courses for 72 vulnerable people across Sheffield. Our courses address the root causes of food poverty enabling students to be able to cook healthy affordable meals at home. Our staff worked with over 45 different local partners and organisations to recruit students. These included: Zest, MIND, social prescribers, job centres and local schools. The Mentored courses are structured so that skills can be built on during the three stages of the course. It worked in the following way:

- We delivered a bag of food plus recipes, measuring spoons and knife sharpener to student's homes. This includes 8 recipes and food for 7 meals. Each student joined a Whats app group with 3 other students and a volunteer mentor. They choose 3 meals to cook in their own time over a 2-2.5 week period.

- Students completed the course and then received a pack with 9 follow up recipes. We provided localised Sheffield shopping guides so they can continue to source food at the lowest possible price.

- Students were then invited to join private Facebook or WhatsApp groups where they can access up to 70 recipes



and videos and be part of a supportive peer community of over 1,400 previous students. This community encourages and motivates them to continue cooking from scratch. The three stages combined has a sustained and lasting impact on individuals and reinforces cooking, budgeting and shopping tips so these dietary habits are reinforced for life.

We interviewed all students pre-course and set a deprivation score and we also asked 23% about current consumption of take-aways and vegetables. Average take-away expenditure was £15.67 per week.

The grant made a difference in a variety of ways: many of the students have become more motivated and interested in cooking. Many are more confident to cook from scratch in the future. All students have been invited to join our long-term support groups - through Facebook or WhatsApp and this will help them to continue to make long term dietary changes. All of our students are on low incomes and struggling financially. Many are finding it difficult to manage on the income they have. They've really appreciated the opportunity to do the course and learn how to source food locally at a cheaper price and make considerable financial savings. Another great outcome of the course is that the students are cooking at home with their children. 55% of students had children living with them and 36% were single parents. This means that skills learnt are passed on to the next generation. Many told us that they really enjoyed eating healthy meals together and enjoyed cooking as a shared activity. Some said that their child got to try a new food during the process. Also, many students often go on to cook with friends and family and this impacts other people too. This grant also enabled us to continue to develop relationships across Sheffield with different referral partners. This helps creates awareness of what we do and will enable us to reach even more people in future. Feedback included:

It's a very good course. It really helps you think about healthy food and quick recipe at low cost. It will definitely help people with busy lives who don't cook much. It encourages people to cook more and use fresh ingredients. Sharing the food pics and seeing how everyone else is got on was encouraging and made us do it as a group. It also helped everything being delivered and sorted in bags. Easy to follow and do.

This is a good course that can save people money and I am very pleased with the recipes and the amount of money that I can save by using these recipes. They are easy to follow and taste very good. I like the shopping guide and the tips for cutting onions and cooking rice which make things easy.

Great tips like shopping in bulk and sharing car trips and choosing which supermarkets. It could save you lots of money. The people running the course are great and the food comes straight away to your door!

Yes you should definitely do this course. It is very valuable, especially for people like me on a very low income. The recipes are fantastic and very easy to follow and very cheap. You get information on where to everything cheaply. It saves you so much money.

Before the course I tended to go straight to the ready meal section at the supermarket which is just like buying take-aways really. Now cooking tasty meals from scratch I can save considerable amounts of money (it's hard to work out how much but it is a lot!).

#### BRINGING US TOGETHER

*Given* £9550 *in November for a research campaign to document the effects of inadequate social care on the well-being of disabled people and their families* 

This project emerged from a meeting on face book between two longstanding disability activists and campaigners: Anne Pridmore and Katie Clarke. Anne has been managing her own Direct Payment since the 1980s, and Katie has been managing her daughter Nadia's Direct Payment for the past 20 years. As their discussion took hold, they were joined by Katie's daughter Nadia and Pippa Murray who has campaigned alongside Katie since the late 1980s. Over the many initial discussions around direct payments and the difficulties involved in the recruitment of Personal Assistants the group inevitably started talking about wider social care issues. We all knew, from direct experience and from networking with and working alongside hundreds of disabled people and family members using social care, that support via social care:

a) was hard to get;

b) rarely met assessed needs;

c) did not necessarily allow for access to employment, leisure activities &/or full inclusion in local communities; &

d) resulted in an increase of stress and mental ill health.

We know that the current system of social care is broken and at crisis point. Individually, each of us has been working to make changes in the system of social care for at least 30 years. We have seen ideas come and go; we have watched inordinate amounts of funding being channelled into an array of laudable programmes with no significant difference made to people receiving social care at the end of those programmes. All of us, in our own ways and through our different but common experience, feel we work hard but achieve so little meaningful change. The project team were all at a point where we recognise the need for radical change.

What we wanted to achieve. With the need for radical change in mind, we embarked on this project aiming to: bring together disabled people and family members; demonstrate the commonality of experiences and highlight the ideas of disabled people and their family members with respect to the future of social care; raise awareness of the reality facing disabled people and their families with respect to social care; and highlight solutions which come directly from those people most affected by the entrenched problems running through social care What we did. We ran a series of 6 online monthly workshops from January – June 2022. Each workshop had a different theme and those themes were highlighted by a variety of participants. Although we had developed a plan for each workshop with an outline of the topics to be covered, we altered this slightly to accommodate the priorities and interests of participants. The workshops covered the following topics: Assessments, Rights & entitlements, Poverty, social care & care charges, Diversity, inequalities & social care, What is the most important issue you face? And A call for action. Each workshop followed a similar format. We invited 3 or 4 speakers to talk to the subject of the workshop for a period of 10 - 15 minutes each. When all presenters had given their talk, we opened the session for questions and discussion. During the course of the presentations, participants were invited to put any comments, questions and relevant resources into the chat. Each workshop was recorded, and we had BSL interpreters signing the entire workshop. Following the workshop, we emailed participants thanking them for their contributions and sending them the link to the recording, any power point presentations from the presenters, and a list of resources picked up during the session.

The Scurrah Wainwright Charity's money was spent on various aspects of running the project: Presenters. Tokens to participants for their first workshop. (Due to the numbers coming to each workshop, we were unable to pay each person every time they came. Tokens were offered, and sometimes taken). Planning – steering group meetings. Admin – responding to the many emails we received; contacting speakers; putting together publicity etc. Facilitation of workshops. Notetaking during workshops. BSL Interpreters and Report writing. A total of just over 200 people were involved in the project. Of those 200 people, 50% came more than once. Most people came for an average of 3 sessions with a small number of people coming to all sessions. People coming were disabled people; family members; parent/carers & a small number of allied professionals (many of whom were also disabled people).

Feedback has been unanimously positive. Participants have told us they felt empowered by the discussions: "Just a quick message to thank Pippa, Katie, Nadia and Anne for the past six months of wonderful exchanges. we have all found them to be extremely stimulating for us personally as well as the wider issues." "As a disabled person who has been involved in disability politics for many years, I personally found I learnt a lot from parents. It was so interesting to hear their views and experiences. I realised their struggle is the same as mine."

"The project has given me a lot of hope for the future - that people in receipt of services and organisations that support them can work together to create change and to develop the infrastructure needed to support the sector."

In addition to such appreciation for the sessions, we also receive heart breaking emails and calls from people begging for our help. Such comments include:

"Please help my family." (This particular comment accompanied a video from a mum showing her son in acute distress due to their extremely unsuitable housing situation. In this particular instance, in spite of supporting letters from a range of professionals – including social care – their situation remains unresolved. This is causing great mental anguish to all family members)

"We often have a tendency to complain about how bad it is, and then come back next time and do the same. People have good reason to complain and I am appalled at how badly many people are treated but we must not become a place where people complain and nothing happens. I would like there to be solutions for the people who are not getting the services they need. I liked that there are outcomes which will be pursued." "I've been bowled over by all the sessions. Each one has brought something very special. Disabled people

working with parent carers... individuals and organisations. Contributions from participants and speakers ... all amazing."

In light of this expressed need for something to happen to all the information gathered as a result of this project, in addition to the wide circulation of this report, we are also going to hold an additional workshop for participants to discuss the report and further add to the impetus it might create. Here are some notes on the discussions – reproduced at length because this was a big grant by SWC standards:

## A call for action. "We can't change the world, but we can create a ripple that creates a stream that creates a river that creates a tsunami. Our stories are those ripples." (Dame Philippa Russell speaking at our final session on A Call for Action)

One of the challenges of social care is that it is a personal and private support service. We need to share stories so that people understand what social care can be. People requiring support can engage in everyday activities and have ordinary lives. Perhaps something about when social care is properly funded and disabled people/parents get the right PAs carers how well it works

Why does social care lead us to feeling stressed? *Financial* – poverty, care charges, lack of employment opportunities for disabled people and carers. *The invisible public service* – *misunderstood, underfunded*. Need to fight for parity of esteem between health and social care. We all need health and social care... the WHO definition of good health includes physical health and social well-being. What we all need. Opportunity for us to help with bigger debate to rethink social care in the same way we understand public health. P makes a distinction between NHS and public health. NHS is about hospitals ... fundraising for hospitals not social care. Public Health is about keeping people well. Well – being..... this is what the care act introduced as a principle. But we don't hear well being talked about in the current debate. We need social care as much as we need health. Particularly post covid.

Lack of clarity over responsibilities and entitlement (individual, community, local government and national government. Low aspirations from staff we employ to help us.

## What solutions have we identified? What needs to happen so that the support we receive via social care helps us feel good?

Gather evidence of what works well – workshops are evidence. Bringing people with an interest in transforming social care together for genuine co-production. Move from thinking about beds to people's lives, and having a life. We are not 'in' social care... social care is a tool to having a good life. Moving from talking about crisis in social care, to some of the good things about social care. Social care is not about the sector, it is about people and their lives. Explaining what social care is: not just care homes and elderly people; being in social care. Build awareness... people's lives; well-being; give people choice. Learning to involve everyone in the movement for change – wider range of voices. Need public debate: Germany – had big conversations... what care do we want? What is the responsibility of state, local authorities, communities and individuals. Difficult conversations but in the end they reached an agreement about how health and social care, communities and individuals. Germans moved a lot of their care into the community. Advantages of being in time of poverty... can't build big institutions, have to rely on community to find own solutions. What can we do with the resources we have? What can we do tomorrow with more resources? What is our ultimate aim?

**Develop the care workforce**; in Europe they are better paid and more highly regarded. To work in social care is as good as working in health. Why are people not coming forward to do one of the most rewarding jobs? Re activate the Care Act of 2014.

White Papers aspiration that disabled people and families live full lives in their communities. This aspiration has to come back. The worry is that social care is a crisis service, not a service to give us full lives. The big ambition: we all want to live in a place we call home, ..... social care could actually make that happen if it is co-produced. Published but no more discussion. Putting well-being back into social care assessments. Assessments have become crisis driven. Typically they are not proper conversations... tick box exercise. Would like an assessment which is a conversation and the care act saw assessments like that. They were a personalised dialogue. My only correspondence has been about care charges. Create a new narrative for care and support. Financial pressures have driven us backward. What is the pathway to the future? How do we measure the impact? Advocacy... in the care act but not fully developed. Need help to get what we want... could we be advocates ... integrated care and support systems.... Health and social care. Very difficult to get objective advocacy. Impact of care... receiving and giving ... what impact does it have on our health and well being. Bad care can diminish well being, need to understand and be kind to ourselves. Making it real.....partnership and solidarity really matter. Reform is coming. Social care is not just about care homes, it is about our ordinary everyday lives this needs to spell out working age adults who are in receipt of care or waiting for assessments due to shortage of social workers and underfunding. We have to stand up for our

social care allies. Distress and despair of social workers. Open and honest. Times are tough. Solidarity has worked in the past, it can work in the future.

#### COMPLETE WOMAN

*Given* £3600 *in July for a course for young BAME women to boost their confidence and employment/education prospects* 

Complete Woman CIC launched the Scurrah Wainwright project on the 14th September 2021 after a month of recruitment. 23 participants from mixed ethnic backgrounds registered for the programme and 17 completed the two-hour weekly group sessions over 16 weeks of training and eight weeks' mentorship. Following induction and soft skills assessment, participants took part in personal development training and activities such as Time Management, Meditation and Gratitude journaling. In our experience of working with women that have or are experiencing adversities, lack of motivation is the biggest hurdle they often face. To encourage consistent participation and build self-esteem, we implemented a coaching and motivation session every 4 weeks. Speakers included a founding member of Complete Woman CIC and sought-after speaker within the African migrant community, who now owns and operates a seven figure Healthcare business. Angie encouraged the women to, 'Look within themselves and not allow their gender, race or past experiences to define your tomorrow'.



During the understanding opportunities stage, our participants had the opportunity to visit Leeds Beckett University, University of Leeds and Leeds City College 'open days'. This proved to be an eye opener and inspirational to some of the women, with one signing up to study Nursing foundation degree through the University of Leeds Lifelong learning centre from September 2022. "I never realised there was support to enable women with young children to further their education. Thank you, Complete Woman and our facilitator Nakita, for helping me believe in myself again",

commented Martha. Participants were also exposed to the many different apprenticeship opportunities available in Leeds and around the nation. During the Business and administration training, the participants were placed in groups of 4 to develop practical business project ideas and plan. The objective was to inspire women to create other sources of income whether they were working of stay at home mums. Business ideas that were developed are wig making (on demand amongst African migrant women), personalised cushion making, storage making from recycling and scented candles. One of the participants on the scented candles team as gone on to make her own Afro hair product, selling it on social media.

All participants received mentorship and personalised support to create their Specific, Measurable, Attainable, Relevant and Time-bound goals around the key areas of their lives. The holistic approach to the program presentation is aimed at creating sustainability and success for many of the participants. Darius Foroux said, "If you can change your mind, you can change your life". Two of our participants are now in full time employment and 1 is volunteering with a local charitable organisation as a café assistant. All the 17 participants are now members of Complete Woman's Facebook Community group were women share ideas and opportunities. Upon completion of the project, we were approved for funding from the European Social Fund (ESF) to run a six month project specifically for not in employment women. Thank you Scurrah Wainwright trustees and team for supporting us to continue empowering our community of mainly immigrant women who are often economically disadvantaged due to the complexities of intersectionality such as race, gender and language barriers.

**Case Study: Joana** (pseudo-name) Joana is a 29-year-old settled immigrant from Albania on a spouse visa. She migrated to the UK in 2016 to join her husband Petros. Joana has never worked in the UK though she is a Master of Science graduate and worked as a store manager in her home country. She is a mother to 2 beautiful

children with one recently diagnosed as Autistic. "It is difficult having an autistic child and a baby at the same time, there's never really time to rest and take care of myself", remarked Joana. She has also suffered psychological and verbal abuse from her husband who is the family bread winner.

Upon joining the Education and Employability awareness project, Joana became aware of different working from home opportunities to help build her confidence and earn some money. Through our Domestic Abuse work, we are aware that financial dependence is one of the main causes of abusive treatment from partner/spouse. She is now in the process of registering as an English to Albanian Interpreter for a local organisation working with Asylum Seekers. Joana also has a vision to open and run play centres for Autistic children and their siblings, with trained staff members. During her short interview with our staff member, Joana expressed gratitude for the "opportunity to believe in herself beyond her natural circumstances".

#### DABANE SUPPORT FUND

*Given £3000 in July for the expenses of three university interns with a Zimbabwean water aid and rural development organisation* 

This report reflects the activities undertaken by three students within their undergraduate and postgraduate internship at Dabane Trust. It also shows how the students benefitted from the work-related learning placement at the organisation. In 1990 Dabane commenced rural development activities with a technical bias in response to community requests for support and assistance. Dabane was registered as a Trust and developed a basic technology to abstract potable water, working with community-based groups to draw water from surface-dry sand rivers (sand-abstraction) for safe domestic water, for small-scale irrigation and as sources of water for livestock. It was quickly appreciated that gradually improving sustainable water supply systems required a significant amount of research which led to the consideration of university and college students in research and implementation of activities within their focal areas of study. Internship opportunities are made open to apprentices through applications from the individuals for work related placement learning. In doing this Dabane seeks to empower young women by assisting them to gain practical knowledge through experience. As such young ladies have benefited from Dabane internship programs but the focus of this report will be on three young ladies that have continued to thrive under their recruitment as intern students under the Organisation.

Celine Muzarabani, who did the internship as part of her journalism and media studies degree in Zimbabwe, concouded her report: My attachment period at Dabane Water Workshops was crucial to fully equip me with the necessary tools within the industry. The tenure assisted me to grow technically, professionally as well as socially assessing also my interest in my choice of career. The experience of internship has been excellent and rewarding as I got an opportunity to meet and network with people in the field of my study enriching my experience with interaction with the business world. Integrity, time management skills and self-motivation were inculcated in me as they were necessary skills for work related learning. Dabane Water Workshop is a relevant organization for a Journalism and Media Student as it exposes the student to public relations, monitoring, evaluation, and storytelling. I was able to apply the theories learnt at NUST to practical scenarios in the workplace. The theoretical ideologies explained by scholars were observed and applied in situ. In conclusion, through the industrial attachment I got a full understanding and appreciation of the work carried out by a journalism practitioner.

Through your funding, Celine and her two fellow-students were supported in pursuing pre- and post-graduation work-related experience. Dabane continues to support these young women who have become a part of the organisation's team through exhibiting hard work and dedication to continue learning and making fruitful contributions in various research projects. The three also continue to work closely with another group of young university and college ladies who have also been recently incorporated for work related learning purposes.

## DAVID OLUWALE SCULPTURE, LEEDS

Given £3000 in March for a maquette for a sculpture for central Leeds to honour a British Nigerian immigrant who died in the city after persecution by local police

Our ambition has been to create a permanent, living memorial to David, a place where communities can come together to remember him and the issues he endured throughout his life, but to move forward together as city in hope and harmony. You kindly helped the first phase which raised almost £100,000 for a maquette, garden, short film of the sculptor and a community engagement programme. Your donation was crucial in answering the major institutions' questions about the commitment of our board and our ability to show that we had independent support.

It levered the funds we needed. The maquette arrived a month ago. It is quite stunning and has been greeted with enthusiasm. The public 'unveiling' will take place as part of our community engagement programme, to be delivered this summer. The film has been delivered and it now needs another 40 seconds of the maquette being shown to the members of the public. Phase 2 is being managed by the Leeds 2023 Festival of Culture — the sculpture garden is one of its big projects. We strongly believe that the public as a whole has benefited already and will continually benefit as our work unfolds. As you know, we have been spreading the Oluwale message since 2008. Black Lives Matter protests, especially the Colston statue intervention, gave a major boost to our efforts. It resulted in an LCC enquiry into its own statues, which resulted in a public endorsement of the Yinka sculpture ambition. Our Board has been enhanced by three British Nigerians becoming active members — they had seen our work over the years and wanted to join us — and one of them is a leading LCC councillor. LCC's backing of L2023 facilitated our partnership with them.

An ongoing programme of work (which began in 2008) to have a Leeds Civic Trust Blue Plaque for David Oluwale was finally agreed in 2021 and the plaque was installed on 25th March 2022. It was promptly stolen, resulting in a media storm — in our favour — and a high -evel police investigation of a 'hate crime'. All this, paradoxically, worked in favour of enhanced commitment by the city, the public, businesses, NGOs and public bodies to the David Oluwale Sculpture Garden.

We are part of the movement for progressively changing hearts and minds. By spreading its message for inclusion, hospitality and equality through symbolic actions (*eg* the Blue Plaque, the Yinka sculpture); educational work in schools and universities; public events with poets and musicians; films; (soon) another play; and the animation of the space where the sculpture garden will with food, music and public performance, we contribute to effort by the city of Leeds as a whole to welcome people of all backgrounds, to improve their quality of life and (specifically) to redress the "Oluwale issues" of mental ill-health, homelessness, racism and police malpractice. If anything, the outpouring of support in the past week when the Blue Plaque was stolen and racist graffiti appeared around the city centre has convinced us that we ARE changing hearts and minds. And the S-W donation has contributed to that. Thank you very much.

Here is a letter we received when the media broke the story about the theft of the Blue Plaque:

I had never heard of you until today, where I read the story of this act of racist vandalism on BBC news. I'm so sorry that you've had to deal with this after all the work it's taken to reach this point. I've become a regular monthly donor to spite the actions of this perpetrator and will encourage my friends to do the same. I hope the publicity their act brought backfires on their cause spectacularly. Progress is insultingly slow. I hope this little message does a tiny bit of good in this world. These people cannot win in the long term. I wish you all the strength in the world to keep on, in the hope that it helps to heal this wound. Respectfully submitted, Andrew S.

#### DEMOCRACY CLUB

Given £5000 for the 'Who Can I Vote For?' website, providing users with information about upcoming elections relevant to them

Almost 800,000 visitors to the website during the election period. User satisfaction rates rose for the fifth consecutive year. A new project planned, focused on political party transparency.

Democracy Club builds digital infrastructure and tools to help people find the essential information they need to

take part in democratic life - things like polling stations, upcoming elections, and lists of candidates. We're the only organisation in the UK which does this. Our key service is WhoCanlVoteFor.co.uk (WCIVF). WCIVF provides the user with their polling station and list of candidates via a simple postcode search. WCIVF is actively



promoted by the Electoral Commission, the UK Parliament, and dozens of media organisations and charities across the UK. Scurrah Wainwright contributed towards WCIVF's coverage of the May 2022 local elections, enabling Democracy Club to enhance the website ahead of the polls. As part of this, we hired (Jan-May) a part-time assistant to manage our communications with councils. SWC's grant was particularly useful in enabling us to plan for and hire this role at the end of 2021. The total cost of this project was approximately £40,000. In addition to the SWC grant, the project was also funded via a donation from Simon Tuttle and income from services provided to the Electoral Commission, the Welsh Government, and Reach PLC.

On 5 May, elections were held to the Northern Ireland Assembly and 227 councils across Scotland, Wales, and some areas of England. Our volunteers collected the details of 21,000 candidates standing for 6,819 council seats across Great Britain, as well as all NI Assembly and English mayoral candidates. In terms of WhoCanIVoteFor.co.uk, this election saw us reach extremely high levels of information coverage across all areas of the site, especially in the areas highlighted in the SWC funding application: political party and hustings information to basic information about candidates, we were able to provide information on the local political party of over 90% of candidates on our site. We were also able to collect and display information about more than 100 hustings events, the largest number we have ever collected for a local election. This included eight hustings events relating to the South Yorkshire Mayoral Combined Authority (accessed by more than 50,000 people), and a large number organised by environmental groups. Much of this data collection work was enabled by the hiring of our elections assistant, as mentioned above.

Across all Democracy Club's services, we processed 1.9 million postcode searches from people looking for election information during election week. This was double the traffic we received during the last comparable local election in 2019. Google Analytics reports 792,159 unique visitors to WhoCanIVoteFor.co.uk between 30 March (close of nominations in Scotland) and 5 May, with 479,175 of these arriving between 2-5 May. User satisfaction rates on WhoCanIVoteFor.co.uk were 69%. This is the fifth consecutive election in which WhoCanIVoteFor.co.uk's user satisfaction has risen, up from a mere 29% four years ago. A particularly important part of our 2022 work involved improvements to our system of feedback collection. In addition to other questions, we now ask users whether the site has made them more likely to vote (note that this is a yes/no question, rather than a more/less question). 52% of users told us that the site made them more likely to vote.

## "This has helped me get more acquainted with the local candidates and helped me decide who to vote for. Thank you!"

"I always vote, just wanted confirmation of who the candidates were in my area - so this was very useful as the paper literature sent out was confusing. Thanks!"

"Quick, simple and to the point with no extra faff. Just what was wanted."

Lessons learned and plans for the future. Apart from the impact on user satisfaction, we were able to learn a lot as an organisation during this election. This was especially the case for the hustings and political party work outlined in our application to the SWC. Democracy club works by creating something small enough to learn from and iterating based on what we learn year on year. SWC enabled us to learn a lot about voters' needs for information beyond the basics that we already provide. In terms of hustings, it became clear during the election that more research is needed into this area. We collected fewer than we expected, considering that we were able to focus on this work more than in previous elections. Either fewer hustings than we assumed happen around local elections, or they are not advertised online in the manner we expected. We are evaluating this work for the 2023 local elections. In terms of political parties, however, we achieved more than expected, and learned a lot about the organisation of parties on a local level - things like how many publish local manifestos, and so forth. As a direct result of SWC's donation we have been able to develop our plans for the future of this information on our websites.

**Looking ahead.** We plan to launch a bespoke political party database that will store information like manifestos, social media, and spending data for each local political party group in the UK. This will open up an enormous amount of information which is currently locked away in places like the Electoral Commission's website. We hope that this will allow voters to cast more informed votes - ultimately, we want to turn

WhoCanIVoteFor.co.uk into a powerful transparency tool which will enable voters to understand how political parties are organised, run, and funded, both across the UK and within their local area. We are currently fundraising for this project and would welcome a conversation with SWC about our aims for this project. We're exceptionally proud of everything we've achieved this election. We're a team of six, supported by an incredible community, who regularly punch above our weight - your support has enabled us to continue this work.

#### DISPLACE YOURSELF THEATRE

Given £3,000 in March for fortnightly arts and wellbeing sessions for refugees and asylum seekers

From June 2021 to March 2022, Displace Yourself Theatre have delivered 22 Arts & Wellbeing sessions for refugees and asylum seekers based in Bradford. We have introduced the group to new skills in theatre, music, stage craft, movement, poetry and visual art. During February, we shared a film screening of 'Paris is Burning',



about the LQBTQ+ scene in New York in the 80's, followed by food and discussions about the themes. We introduced the group to local professional artists and their practices including; mandala artist Zareena Bano, dancer Erica Mulkern and poet Nabeela Ahmed. We built relationships & collaborated with: Bradford City of Sanctuary, Bradford 2025, Free2be Me, The Bradford African Community Centre, The Millside Centre & The Welcome Café.

This funding made a

significant difference to Displace Yourself Theatre's work and position in Bradford, especially coming out of the challenging years of Covid. As a compassionate company who are connected with their local community, it became very challenging to maintain our work throughout lockdown. This funding enabled us to restart and roll out our new programme of work in the summer of 2021, keeping us active, relevant and needed. We have built and developed several relationships with local organisations, charities and businesses which in turn has led to further opportunities for ourselves and for the participants. We know there are many challenges and barriers facing refugees and asylum seekers when trying to access local support and community opportunities, especially in creative arts. This fund enabled us to continue providing holistic support, including:

**Food** – The Millside Centre's 'Welcome Café' has become the main provider for refreshments for Here Together in Bradford. This is a special and unique relationship because the refugee led café trains and employs people seeking sanctuary, and the food provided is a global cuisine, familiar to our participants, and often food which they have not been able to enjoy for a long time, and which brings fond memories, shared stories and a feeling of home.

**Travel** – We know that asylum seekers are given approximately  $\pounds 36$  per week. After food, clothes, school costs and child care – paying for travel becomes impossible. This fund has increased our capacity to support more people to travel more often to our sessions, coving bus and train tickets each fortnight.

**Creativity** – There are some who attend out sessions who may have never been into a theatre, or perhaps never explored anything artistic before. For these it can be liberating and life changing to discover a talent or interest, giving drive and ambition to pursue something new. For others, they may already have an existing artistic practice, and these sessions act as an opportunity for them to share their talents with the Bradford community, meet other local artists and even go on to develop further projects elsewhere. These 'routes

through' are vital to our work, and act as a real legacy of the project. Already we have seen 6 individuals find other volunteering and work

opportunities as a result of Here Together, which would not have been possible without this support from Scurrah Wainwright.

**Interpretation** – The fund enabled us to design and distributed flyers advertising the sessions which were published in languages including Arabic, Farsi and Spanish. We also connected with other multilingual local artists. Poet Nabeela Ahmed brought with her a collection of poems from around the world, giving some participants the chance to hear and speak poetry in their mother tongue.

**Connection** – As a result of meeting new people, building relationships and socialising, we have witnessed people's Mental Health and Wellbeing vastly improve in just 10 months, as well as a reduction in feelings of isolation, increased self-confidence, communications skills and new forms of self-expression.

**Wellbeing** – As part of the fortnightly offer, our Co-Artistic Director, Jen Nevin, led 'Relax' a one hour gentle movement and meditation session for women and marginalised genders. This acted as a safe and transformative space in which people could come and experience therapeutic techniques for self-care and regulation. This trauma conscious work has supported people enormously, especially coming out of the pandemic.

**Case Study – Mamoud Nyelenkeh.** In March 2020, Mamoud Nyelenkeh walked over to us in the foyer of the Hotel that he was housed at in Bradford, delighted to see the creative activities we were offering. A teacher and trainee social worker, Mamoud is seeking asylum from Sierra Leone. Mamoud shared with us how difficult his current situation was and how his circumstances were impacting his mental health. Mamoud was welcomed into our regular creative wellbeing sessions with open arms. We provided internet data for him to join our online sessions, and supported his wellbeing through writing poetry, therapeutic movement and telling stories when back in person. Mamoud has spoken about these sessions as being "a true lifeline of hope", during this challenging time. We worked together throughout the year and over time saw his confidence grow. Displace Yourself have supported Mamoud with his application for Bradford University's Social Work degree, which he has just been invited to interview for whilst awaiting his refugee status.

We welcomed an average of 18 people across these sessions, and have had a total of 611 individual registrations over the 10 months. Of these individuals, 407 were seeking asylum and 103 have refugee status. We also hosted two additional sessions on Zoom, and these were an opportunity for the people of Bradford to connect with our other arts groups across the UK including in York, Stockton-On- Tees, Barnsley and London, supporting people to feel part of a wider community, reaching an additional 85 people. We are keen to support people who identify as being 'displaced', this may be displaced from a country, from family, from emotions or even from the body. This project has enabled us to deliver true integration and diversity, by finding the thing which unite us. Of all the people we have worked with over the past 10 months, we have welcomed 260 people who are comfortable with disclosing mental health challenges, 151 people from the LGBTQ+ community, and 35 people who have a physical or learning disability. We believe theatre can be a catalyst for change, and creating safe supportive environments in which people from all walks of life can come, express themselves and be heard, is the starting place for social reform. This fund from Scurrah Wainwright has enabled Displace Yourself to continue doing this, at one of the most challenging times for society. We would like to take this opportunity to say a huge thank you to Scurrah Wainwright for supporting this project, and helping to provide skills, opportunities and experiences to people who would not normally be able to access it.

#### DOULAS WITHOUT BORDERS

*Given* £5,000 for a Mother Tongue Project; training 18 bilingual refugee Yorkshire women to support women through their pregnancy, birth and postnatal experience

We used the funds to pay for intensive training as doulas – birth assistants and companions - for six women who were refugees and based in Yorkshire. As well as the training package and resources we also paid for ongoing mentorship for these women. The grant made a huge difference to the women who were trained and the women they have been able to support. The trained women are now being mentored and talking with women who share their language about their choices in birth and what to expect from the U.K. maternity system. One mentored graduate has been to three births and postnatal postings already, in Leeds. Another has supported four women postnatally.

In total 12 birthing women have received support at their birth or postnatally as a result of the project. This support has been crucial as it has been provided in a language they understand and the newly trained doulas have been able to offer cultural translation and induction to the UK maternity system. Not only do the 12 women benefit but also their babies, other children and wider family. Having a supported and empowered birth and post-natal time can have lifelong impact on how you parent and are able to support your new child and yourself. The birthing women have felt supported and less frightened and isolated during the pregnancy, birth and immediate postpartum, their families have been better resourced as a result of the MT Doulas, the infants have received a better start in life, via improved bonding and attachment, through the mothers being better supported and resourced. They have been able to access other resources that they didn't know about such as Leeds Baby Bank. Thank you!

#### FREE YOUR TECH

Given £2100 in July for free online IT workshops for 12 people in South Yorkshire to increase their digital knowledge and confidence around open-source products, upgrading old computers and cyber security

The Scurrah Wainwright Charity grant funded the "Tech Libre" project, which we marketed as the Free Your Tech! project, where eight people in South Yorkshire were engaged in 12 2- hour free online IT workshops and increased their digital knowledge and confidence around open-source products, upgrading old computers and cyber security. For instance, feedback provided via a survey completed by participants at the end of the project regarding their experiences includes: re what they learnt, "Understanding open source products and operating systems and understanding more about Linux and what it can be used on and what for."; re what they learnt, "How I can potentially get some 'obsolete' pcs etc to work. I'm also interested in using technology that can be repaired and move away from the disposable phones/laptops etc."; and, re what they learnt, "I learned about Raspberry Pi, free software, alternative search engines and that there are alternatives to Google, Apple, Microsoft."

Responding to issues relating to electrical waste, digital exclusion relating to inequality, resource, knowledge and skill barriers, fears over privacy and concerns about targeted advertising and tracking data, importantly through the project, participants learnt: methods of transferring and saving personal/sensitive data from their existing devices; how to speed-up their existing/older technology; options for purchasing low-cost technology; about privacy/security skills, knowledge and software; and about free and open source software that is available as an alternative to commercial, more well known software and the positive impact this can have. This is the first course we have run on Jitsi Meet: an ethical, free and open source alternative to Zoom. In the first workshop, we started on Zoom – including providing an overview of Zoom settings – to help participants access and use Jitsi Meet. We then delivered the rest of the workshop via Jitsi Meet, with all participants set the task of leaving the Zoom meeting and then returning via Jitsi Meet. All participants became comfortable using Jisti Meet, helping participants learn about a free, ethical and open source alternative to Zoom.

Topics that were covered as part of the workshops, include: why we were using Jitsi Meet alongside looking at its settings and the options available via it e.g. streaming a YouTube video within it; hardware and software, including various computer parts and why this knowledge is useful for repairing or replacing parts and increasing the longevity of a device; free privacy and security software such as VPNs and anti-virus; the "Right to Repair" movement, linking with Apple, and how Louis Rossmann is someone to look into further relating to this; the "digital commons" and who owns what, including covering how Google and Facebook generate substantial income from data; the data Microsoft Windows collects by default, linking into looking at operating systems in general; free and open source programmes/software such as LibreOffice (alternative to Microsoft Office) and GNU Image Manipulation Program (alternative to Adobe Photoshop); the operating system Linux – an ethical, free and open source alternative operating system to Windows and macOS – looking at how it started, what the options are for different versions/distributions of Linux, how to choose the best version/distribution for your individual needs, and how to try it out and install it (including mentioning online sources to purchase disks with Linux distributions already mounted on them); Raspbian, or Raspberry Pi OS, on a Raspberry Pi, with real-time examples, on-screen, of quickly switching from one operating system on a

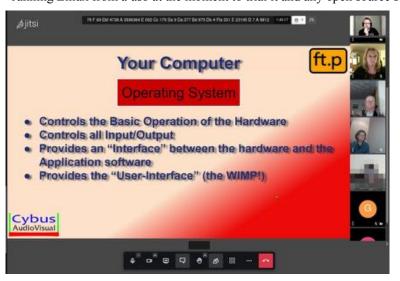
microSD card to another, and the things we can do with it and the accessories available for it; mobile operating systems, including free, ethical and open source options, from LineageOS and GrapheneOS to CalyxOS and /e/OS, which we looked at in detail and demonstrated; also linking into mobile operating systems, we looked at "de-Googling" mobile devices, whether it be through deactivating Google apps and/or removing them as defaults, using F-Droid and Aurora Store (alternatives to Google Play app store), or just installing a replacement operating system free from Google, such as /e/OS or GrapheneOS; Ventoy and how it can be used to install systems from a USB stick, alongside responding to participant demand and looking at the Ventoy installation step-by- step in real time, so that participants can use a Ventoy USB to try out different Linux distributions on different computers; creating websites, including basic HTML code for websites and using the free WordPress dashboard to build a website that way; the Fediverse as an example of decentralised social media networks; privacy-focused communication from Signal messenger and ProtonMail to AnonAddy and Thunderbird; privacy, security, and anonymity - how these are all different but connected, why people might want to increase their levels of anonymity, privacy, and security, and how to control it while using the internet and technology as a whole; data breaches (have been pwned.com), how to retrieve data (justget mydata.com), and how to delete unwanted accounts (justdeleteme.xyz), as well as the terms and conditions around such accounts and data, by using tosdr.org; tightening up security with stronger passwords that are also easy to remember, including looking at password managers as an option; why security doesn't always equal privacy when we consider certain anti-virus programmes can track you and sell your data; the differences between privacy/incognito browsing and Firefox Containers; and, newsletter formats, such as Mailchimp alongside responding to interest in looking at newsletters that are print-friendly for various community group members who aren't online so require the newsletter by post.

Crucially through this project, participants were able to develop a better understanding of Linux: an ethical and open source alternative to the dominant operating systems of Microsoft Windows and Apple's Mac. We covered this topic in a lot more detail than we are able to in other projects we run. Participants were given a practical guide on how to install Linux, with one of the facilitators also producing a step-by-step video guide on how to boot a Linux USB via your computer to complement this teaching – with this video sent via one of our weekly newsletters regarding the workshops. As part of this practical guide, during the workshops the facilitators looked at getting into the BIOS, using both a Microsoft Windows laptop and an Apple's Mac desktop as examples of how Linux can be used on different systems, with the group asking questions as the demonstration went along and finding this very helpful. The demonstration was also a good method of illustrating how Linux can speed up older technology, which is what happened to the Microsoft Windows laptop and Apple's Mac desktop when they had a Linux operating system on them. This also links into how central to the project the concept of reuse and how to practically implement it was – for instance, another example is when as part of our teaching on Linux, we looked at Manjaro Mate live on screen via one of the facilitator's OBS system – free and open source software for video recording and live streaming – and participants were impressed by how fast the operating system was on a 15-year-old laptop.

We also used tasks as part of these workshops including: a "Creep-o-Meter" where the group participants voted on – via Jitsi Meet polls, which were very popular amongst the participants – how 'creepy' they felt certain services are, with the group expressing that when apps are at least clear what data they're collecting and what valid reason they have, it is more acceptable; furthermore, the group were set a research task of finding out details on three operating systems: Microsoft Windows; macOS; and, Linux. In the last workshop, we held a fun quiz regarding topics that had been taught on the project, which was "non- competitive" where no-one shared their results and there was an emphasis on "learning, not losing!"

Through the project we responded to demand and tackled root causes of digital and social divides, exclusion and inequality by achieving the following outcomes: eight people in South Yorkshire were engaged in 12 2-hour free online IT workshops. And participants increased their control and confidence in using their technology by learning about ethical, free and open source software and hardware. For instance, feedback provided via a survey completed by participants at the end of the project regarding their experiences includes: re most enjoyed, "The emphasis on building confidence and encouragement to have a go."; re most enjoyed, "Finding how to use alternatives to the big companies software."; re what they learnt, "Hmmm, quite a lot, too much to list here. Core takeaway is I now feel confident to move from Windows OS to Linux OS on my computers with a bookmark folder with lots of useful Linux related sites URLs."; and, re what they learnt, "A wide variety of alternative software and programs to use."

Participants also learnt how to reduce technology waste and save cost by learning how to reuse and speed up technology – such as their old laptops/computers – through methods such as installing a Linux operating system. For instance, when asked whether they will be doing anything differently now after taking part in the Free Your Tech! workshops, as part of the end of project survey, participants' answers included: "I will be using Linux as my operating system on my computers moving forward."; "Will install Linux when or if my laptop gets to the point where it is struggling to run Windows rather than replace it just because it won't run Windows. I am running Linux from a usb at the moment to trial it and any open source software I might be interested in."; and,



"Hoping to try using Linux on my computer and also use other programs and software." Participants increased their awareness, knowledge and skills to protect their privacy and increase their security online. For instance, feedback provided via a survey completed by participants at the end of the project regarding their experiences includes: re most enjoyed, "The information about privacy."; and, re what they learnt, "It's very important to know about security, scams and other harmful technology."

In sum, the project improved the confidence and control over technology and personal data of participants. For

instance, a participant said the following when completing a survey at the end of the project regarding their experiences: "When something goes wrong using a device I have assumed it was my fault, I have gained confidence in myself by taking the problem or query to a workshop and finding out that sometimes it is technology not me. I know I can rely on the information from Free Tech."

In relation to the social sustainability of the project, we also asked participants via the end of project survey whether they will be doing anything differently now after taking part in the Free Your Tech! workshops, with answers including: "Hope to continue to develop my skills and knowledge in all IT subjects."; and, "I'm hoping to use Linux. I did already use some alternatives eg Ecosia, DuckDuckGo, OpenOffice, OpenStreetMap (incl. cycle version), CycleStreets etc. Yes I want to further develop my skills. And I've changed most of my passwords! I'd like to help with my local cycling club website and mail shots etc." We had several people who wanted to join the workshops but who were not able to make the time/day, again illustrating the demand for this project to be incorporated as part of our long-term activities/services. For instance, one person who wanted to attend – but was unable to make the time/day and thus joined another one of our workshops – is wanting to attend a future running of this course because of their campaign involvement and thus is keen to learn about privacy and security on mobiles and best practices around that alongside have help with installing /e/OS – to replace Google Android – on their newly purchased Fairphone.

## GIPTON METHODISTS

#### Given £11,750 for continued funding of the Church's Pastoral and Community Worker

Firstly, I'd like to sincerely thank Scurrah Wainwright for once again funding another year of this role. It is one I thoroughly enjoy, find satisfaction and fulfilment in. I have never felt so close to working in my 'bullseye' as this post enables me to do so. Also 'Thank you' for continuing to support the role during the pandemic. Despite the pandemic the work has continued to develop and grow. At the end of the report I concluded with comments about the future of the role in the light of the closure of Gipton Methodist Church building from January 2022.

**Covid** – The restrictions introduced and relaxed by the Government over the year have required my work to be more flexible, responsive and Covid appropriate. This has been possible but at the same time planning for events has taken place under a cloud of uncertainty at times. There has been a shift away from gatherings in a

building to Zoom meetings, outdoor activities, door step approaches, use of a local café, newsletters, texting, whats app groups, facebook and 1:1 support. This is a much more of a "Church in the community" or "Church without walls" way of working.

**Outdoor Activities** - In October and November I carried out some research amongst Gipton residents using 3 questions. I spoke to people outside two shopping areas: Coldcotes Circus and on Oakwood Lane. To each person I approached I explained the activities and support I have been offering over the past year or so and hat I was sincerely seeking their thoughts to see if there were other issues I could support and if I was on the right track with the work I do. Issues highlighted included: Motorbike speeding dudes who are Teens with motorbikes/dirt bikes disrespectful at night Space for kids to play. Poverty. Feeling of marginalisation and being looked down on. Nowt to do. Littering. Drugs. Youth bored. Digital exclusion. Too many young teen parents. Need more housing -too many derelict properties not renovated. Too many different cultures so there's no community. Transport - Lost local bus routes. Immigrants allegedly causing problems *eg* grease down sink blocking drains. Too scared to let the kidz out. Anti-social behaviour

**Suggested answers to the above included:** Redistribution of wealth No/Not Sure. Teach wrong & right. Not really; difficult to change. Stingers for car crime. No positive role models. Improve pavements. More evening social activity - nothing to dress up for in Gipton like a Jazz/cafe club till 2am. Raise minimum wage. Get rid of the do gooders (so kids are disciplined). An area to ride their motorbike.

**Do you think God has any answers?** Ten people expressed a further interest. Other reactions included: . I don't believe in God Yes, leave it to God. You have to help yourself. God has answers for everything. I don't think about it. Probably not – I see ghosts; a little girl at top of the stairs. Look at the Bible if you believe. *I cant see Jesus coming to Gipton; its too rough for him.* I'm Muslim it got me on the right path I'm a nicer person I care more. These people think they are God. God can't do anything

**Zoom Activities.** Using Zoom I led Gipton Methodist Church weekly worship sessions every Wednesday night and co-facilitated Sunday Worship from March to September. I also gave a six-week programme called Talking Jesus on Zoom. This involved familiarising myself with the programme, producing PowerPoint presentations for each session, recruiting, making a taster video, ordering programme booklets and posting them to participants with an introductory letter. In total there were six participants and their feedback included: *I'm more aware of the people around me. I'm encouraged – you never know who you will meet. I'm more aware of how I should love my neighbour. I'm more aware of sharing what I have. I'm more open minded now.* Another online activity was 'Thought for the **Day'** – From April to September I produced a video once a month for the local partnership between Gipton Methodists, Oakwood Church, and the local Anglican Church.

**Door-Step Activities:** The Big Bike Fix Leeds – This activity began at the end of January and continued to December with a summer break in August. Initially I responded to an appeal from "The Big Bike Fix Leeds" to support their aim of promoting cycling across Leeds. This led to negotiating my role which is to collect unwanted bikes which have been reconditioned by volunteers in Boston Spa and deliver them to Gipton and Harehills residents who have requested them. I leafleted some local Gipton streets which explained how to request a bike. To date I have delivered 100 bikes bringing much joy and excitement to many who now own a bike for the first time. Many were requests from people who wanted to cycle to work or take their children out for exercise. I did try to organise some bikes rides on Sundays and Mondays but they didn't take off e.g. due to children's or



parents sickness. Delivering bikes provided opportunities to get to know people and invite them to events. These pictures below for example show a couple living on Beech Walk who fled Nigeria to Cameroon and travelled to Britain via Belarus. They had been supported by Christians in each country they passed through and were interested in attending our Community Buffet. I have chased local Gipton organisations to see if they would house a container for fixers to repair and store bikes. This isn't possibly at present. I have built good relationships with some of the team running the scheme i.e. Ed Carlisle & Karen Stromberg Green Party MPs, Mike & Lee Gadd whose garage the bikes are stored and 'Jo' Bennet and Penny Stables both volunteers in Boston Spa. By October I limited my deliveries to Gipton only due to time available. I continue to collect bikes from Boston Spa. A couple brought some bikes over to Gipton to create space in their storage garage.

Kidz Klub (KK) – In May I completed their online Level 3 Safeguarding Training. We continued to visit the families each week on Mondays between 3.30pm to 5.30pm. On average we spoke to 14 families out of a possible 20 each week. I was scheduled to board the KK Bus 5 on Mon Dec 6 and 13 for the first time since Covid began to pick up children in Gipton to take them to the Central KK session, however this was cancelled at the last minute. It is hoped to restart weekly sessions after Christmas... but who knows? Relationship have been maintained and this was fruitful for the Christmas Carol "service" (see below) Also for promoting after school club sessions, and Toddler Group. One KK mum contacted me re voluntary work. Completed Easter Bunny visits and a one-off Saturday morning outdoor pop-up KK event using Eco friendly stage.

Supporting Individuals – Gipton Church provided a £10 per month benevolent payment so I able to buy food essentials for individuals. One family I met through delivering food parcels. They wanted to join KK so in partnership with their KK Family Worker we tried to contact the landlord with no success to repair the broken window. It has been smashed for nearly 2 years now. The next step was for Mum to copy a letter to the council to investigate the landlord. Mum, who suffers from depression, was reluctant to do this. Helped with food from time to time and delivered bikes to them.

After School Sessions for Kids – Since September I have worked in partnership with the Layworker at Newbourne Methodist Church to deliver these sessions. Mondays 3.30pm in Gipton, Tuesday 3.30pm at Newbourne. I distributed flyers to passing parents after school and delivering them through letter boxes of the houses around the field above Lidl where the sessions would take place. I also arrived early on the day to remind parents going to collect their children and as they returned home. Equipment used was: Water balloons, tug of war, parachute, children's own bikes for slow bike races etc. As the winter set in we have played muddy football in Gipton and indoor games at Newbourne



**Other activities:** On October 5<sup>th</sup> I was able to re-start the Toddlers Group. I produced flyers and delivered them to schools, shops, neighbours, Churches. As a 'Thank You' I attached a chocolate bar for each person distributing them! (see photo) Henry Barran Centre produced a few referrals. Numbers mainly increased through local group Facebook pages. Rev. Bailey's idea for a Community Food Buffet had been around for over a year but due to Covid we had to keep postponing. Eventually in October we managed to run the first buffet. Invites were limited to keep the numbers low as a precaution against spreading the virus. A big thanks of gratitude is due to all volunteers who provided food, set up and cleared away. In all about 10 visitors joined several of the church to enjoy the buffet together. We held a Christmas Carol Singing with Christmas Story followed by refreshments and a raffle with prizes donated by Kidz Klub, real Xmas Trees donated by a local supplier and donated bikes from "The Big Bike Fix". 25 children and parents attending plus five Gipton Methodist members. The foodbank at Halton ceased before Christmas 2020 however in 2021 I have continued to provide some spontaneous food essentials to those who are suffering food poverty. This was done either through the £10 monthly benevolent fund from GMC or in partnership with Meeting Point Cafe. I created some vouchers to present at

the café or took people to a local Food Club which offers £15's worth of food for £3.50. I refer people also to the local Gipton foodbank at the Epiphany Church. In September I met with Action for Gipton Elderly with a view to identifying any areas of collaboration. AGE had stopped meetings to focus on visiting and supporting elderly individuals at their homes. We agreed to signpost appropriate individuals to each other. I have continued work as a Leeds Playhouse Community Ambassador and offered cut price tickets to members of the community. Take-up was small due to Covid regulations or concerns about the virus.

#### HK MEDIA TRAINING

Given £5000 in July for a 'We are Autism' radio programme by and for young adults

Our project was based around radio broadcast skills /life skills, and further development of our We are Autism show. Individuals learnt everything they needed to know about radio presenting, from using the studio

technology, industry standard play-out software, to how to communicate effectively. Since receiving the grant we have trained four learners at a time on a total of five courses each of between ten and 14 sessions depending on individuals' needs. The session lasted three hours divided into morning and afternoon halves with two learners in each half to give them more hands-on technical experience. On average each learner who completed has had 27 hours of guided tuition as a minimum. 340 hours of training were delivered over the project. At the end of this two-week period learners that we felt capable of presenting live were given the opportunity to do so provided that they wanted to and only did so if they wanted to.

Broadly put the sessions were delivered in a building block fashion which we have found highly conducive to the learning process and were broken down as follows-

Days 1-3: Introduction to broadcasting, including, learning the play-out system, and the formulation of basic links, such the weather forecast and show introductions.

Days 4-6: The above, plus, how to connect with listener, script reading, and working with the music. Days 7-9: The learner had grasped the basics of radio, presenting, and was able to do a show, as live, for 30 mins. At this point the trainee will still be in training studio.

Day 10: The learner will now be at a stage where they can, present a show as-live or live for an hour

We would like to think this grant made a huge difference to some of the learners involved, many of whom had personal barriers to learning before being coming to us. We noted wholly positive outcomes such as vastly improved self-confidence/self-esteem, improved communication skills, confidence to speak publicly, Increasing of social circles, Reduction in isolation, the belief they can now achieve, progress into employment, re-engage education or go into other training. On this project we engaged 20 learners aged 18-27, who were a combination of long term unemployed or economically inactive, and were either on the autistic spectrum or awaiting diagnosis. Seventeen completed, with three dropping out after a few sessions as they realised it wasn't for them – though we will try and re-engage with them in the future. That is an 85% success rate. We had a 14-6 male/female split and the learners were aged between 19-27. The grant was fully spent as we brought in two experienced freelance broadcast trainers and a freelance project manager for the period of the project. These sessions have been popular and we plan to develop and extend the 'We are Autism' project into next year and beyond. Thank you for your support, which has enabled us to deliver on our mission to improve the well-being and life chances of young adults on the autistic spectrum.

#### HOME START CRAVEN

Given £3,570 in November to support healthy for families with young children

Since the project started in August 2022, we have worked with 20 families in the Craven area to improve their cookery skills, broaden the range of food they eat and the recipes they use, manage their household budget and improve confidence in parents' ability to provide healthy, nutritious food on a limited budget. 2,000 of the funding was to purchase cookery books, equipment and basic store cupboard ingredients for families and £1570 was for core costs to deliver this project. Six volunteers have been involved in the project, supporting families to make the best use of the surplus food we deliver from Aldi supermarket in Skipton to families in the Craven area. In addition to this surplus food, the project allowed us to stock up their store cupboards with essentials such as flour, baking items, cooking oil, tins of tomatoes and pulses, herbs and spices to enable families to vary their menu planning and introduce their children to new flavours and textures.

One of our Coordinators visited the families for an initial assessment of how we could offer the best support, tailored to meet the needs of the individual family and taking into account any allergies. Families told us they don't feel confident enough to try out new recipes independently and we offered recipe books and kitchen equipment such as slow cookers, stick blenders, weighing scales, baking tins and basic food processors to help them to broaden their skills. Volunteer support was invaluable as the volunteer was able to show the families how best to use the food they have been given, in a 'Ready Steady Cook!' type series of visits. Families were encouraged to make use of all the surplus food and the volunteers' imaginative and logical approach helps the parents to plan and freeze food ahead for the coming week. The volunteers told us they have very much enjoyed being a part of this project and feel they have had a noticeable impact upon families improved wellbeing.

Volunteers have worked closely alongside the families, supporting them to choose recipes from the books we have provided, offering advice on how to 'stretch out' the food to go further and feed a larger family. Volunteers also encourage batch cooking for those days when a pre-frozen meal is a far healthier and cheaper than a ready-made meal or a takeaway. The child in one family we worked with has a severe gluten allergy and the volunteer we placed to work alongside the parent has significant experience of cooking and baking gluten free foods. The parent was incredibly grateful to learn how to bake sweet treats for her child, ensuring he felt that he was not missing out on the same sort of treats his friends enjoyed. Something as simple as offering this guidance and some ingredients and equipment to help her to do this has had a huge impact upon her own wellbeing and that of her child. Families report to us that the skills and confidence they learn from their volunteer support is invaluable and it is clear to us that this project has sustainable outcomes – families continue to report to Coordinators that they are still using the recipes and equipment after their volunteer support has ceased. In total, we have supported 20 families since the project began in August 2022. 33 adults and 43 children have benefited from the project and six volunteers have enjoyed working with families to improve their cooking and budgeting skills.

What we learned: people learn best from other people! Zoom lessons and learning by watching television is helpful in its own way but families feel their individual needs are heard and that they are valued when they have 1:1 support from their nominated volunteer and they are encouraged to partake in the practical side of cooking themselves. We learned that many families did not own any cookery books and lacked inspiration for changing the meals they gave to their families on a weekly basis. In addition, families who are already struggling to put food on the table for their children were not in a financial position to buy equipment that would help them to maximise the use of their weekly shop (or Aldi surplus food donation). By providing stick blenders, we helped encourage families to make soups with 'leftover' vegetables and to make their own pureed baby food as an alternative to shop-bought jars. Basic items such as weighing scales have helped families control portion sized and they have learned to bake – again, a healthier and more economically sound alternative to buying ready-made treats from the supermarket for their children. We learned that parents have taken pride in their new skills and that they relish the opportunity to feed healthier food to their children, enjoying the sense of satisfaction and well-being that brings.

This project has been a lifeline for some of the families in these challenging economic times. Working alongside families to help them to save money by maximising the use of the food available has helped us identify other issues families are facing.

As a result of identifying these needs, we are in the process of establishing our new project 'Shake Off The Shiver' in which we will seek funding to help families reduce energy bills (the slow cookers have already helped with this). We plan to help families access items such as basic air fryers to save oven use, to purchase high tog duvets, electric blankets and throws/hot water bottles for adults and to provide high tog baby sleeping bags/age-appropriate high tog duvets for children. In addition, we hope to be able to offer LED lightbulbs to reduce electricity use and to offer dressing gowns and slippers to family members to keep them warm and keep heating use to a minimum.

Overall, our families report being more confident to cook a variety of foods and also say that they have increased confidence in household budgeting, their children are more inclined to try new tastes and flavours as a result of their involvement with our project, they are using freezers more effectively and therefore are less inclined to eat takeaway food or ready-made meals, they are more inclined to meal plan for the week, thus saving money and making the best use of the food available to them, they are eating together and they describe the pride they feel in being able to produce a home-made, nutritious meal is shared with the other members of the family. Parents report an improvement in their mental health. Budgeting efficiently and feeling confident in their own abilities to control their families' eating habits has had a positive effect on their well-being and families have established healthier habits since being involved in this project

It is clear from our delivery that the need for this type of support is exceptionally high – we had planned to run the project from August 2022 until January 2023, but the numbers of families who expressed their wish to be involved in the project, and who were referred from the other professionals we work with, has meant that we have completed our deliver much sooner than expected. In addition, this project has highlighted other needs in families and we are grateful to be able to use the information we have gathered as a result of delivering this project in order to plan to apply for further funding to help families through this challenging economic climate. It's a pleasure to work with Kerry and we hope to be able to work with Scurrah Wainwright again in the future.

## HOPE FOR AFRICAN COMMUNITIES

*Given* £5000 *in July for building classrooms and improving the learning experience of school children in Chegutu Rural District Ward 28, Zimbabwe* 

Zvamaida Primary school is located in Ward 28 ,Chegutu district in Mashonaland West Province in Zimbabwe. Zvamaida is 12 km away and south east of Chegutu Town. The school enrols 374 pupils from ECD to Grade Seven and was opened during the land agrarian reform period as a satellite school to accommodate children for newly resettled farmers. Its lack of infrastructure and poor environment for teaching and learning. The school owns land, a few buildings but before this project started in 2020, the school did not have a secure way to enclose the school grounds.

The fencing was funded by the Scurrah Wainwright Charity which initially gave the grant for classroom buildings but in the event, the latter were funded by a Rotary Club gift which came in earlier. The fencing contract was awarded to Sunrise Fencing and Electricals after a thorough bidding analysis. The project was supervised and managed by the School Development Committee(SDC) and Hope for African Communities respectively. Sunrise Fencing and Electricals provided a high quality, properly designed mesh fencing for both security and visibility. The work was monitored and at one stage extra posts were required to keep the mesh taut. An ideal school perimeter fence to demarcate the boundary was provided within three months. Hope for African Communities would like to thank Scurrah Wainwright Charity for trusting us and donating £5,000 for Zvamaida Primary School Fencing project. It is our great pleasure in partnering with such a reputable charity and it is our hope to continue maintaining such a good working relationship.

Note: the charity should have been informed of the change of use of the grant but Trustees were satisfied retrospectively that the funds were put to good use. Grants in Zimbabwe are among the hardest to organise successfully because of the state of the country and the very severe restrictions on financial transfers from the UK. By chance, trustee Penny Wainwright was a governor at her children's primary school in Leeds when governors installed a fence, screened by a beech hedge, which introduced the use of 'whip' meaning a growing seedling to the family vocabulary.

## HOPE FOR ZIMBABWEAN KIDS

*Given* £4230 *in November for a campaign to reduce child marriage through community information dissemination and support for affected girls* 

The Hope for Kids Zimbabwe management and board is grateful for the funds received for the ending child marriages project. The rise of child marriages in Zimbabwe is worrying, particularly in the poor rural areas. Sponsored programmes to end child marriage are helping to break the intergenerational cycle of poverty by allowing girls and women to participate more fully in society and to allow the victims to proceed with their education unhindered. Women and children are at risk mainly because of the chauvinistic society that places little regard to women, relegating them to be subjects who just have to listen to the wicked instructions for them to comply and be married of. Hope for Kids understands that there is need for structural, institutional,



community and individual strategies to tackle factors fuelling child marriage. We have deployed a\_combination of strategies that target sociocultural aspects of the communities' lives and our major focus was on children in schools (particularly the girl child) and community campaigns for parents and guardians to understand the dangers of child marriages We managed to reach out to various schools in Marange and Mutsvangwa communities and to chiefs in Marange for community awareness campaigns for the communities and girls in schools. Hope for Kids Staff ran six awareness campaigns, four in the schools and two in the community, the main aim being to raise awareness against child marriages. School children organised plays, poems and we had a talk from our partners Shamwari Yemwanasikana (*Friends of the Girl Child*) who co-presented. The children's presentations were all on the theme of ending child marriages, to equip and empower the girls to resist and refuse being forced to marry, and that they be discouraged to indulge in sexual intercourse at an early age. The community awareness programs were meant to teach the community members (parents, guardians and general members) not to condone the despicable habit of child marriages

Hope for Kids' parent-to-child communication outreach programme was held and facilitated separately, with the parents (mostly mothers) taught about positive parenting, to appreciate their parenting roles and provide muchneeded protection on the children. In future we plan to to relate more with both parties together to facilitate dialogue and to seek a common understanding. The children are the victims and should be allowed to speak frankly. Hope for Kids also printed 300 t-shirts with the slogan 'Leaders not Brides' and handed them to various community cadres spreading the gospel of ending child abuse through early marriages, as well as some focal teachers in schools, and the community volunteers

Hope for Kids also featured twice for 30mins each time at Diamond FM, our local radio station which is used

widely. This was meant to broadcast the message encouraging the Mutsvangwa and Marange communities against Gender Based Violence and Early Child Marriages. We also had a call-in arrangement where various people contributed to the topic that was raised, asking questions to the presenters about the issue of Child Marriages. The director represented the organization and explained the programme. Through your grant, we have also collaborated with various support systems like the police, nursing staff and teachers who will all help to support the abused children as we break the ugly, cultural practices promoting the practice where children are abused into forced marriages rampant in the Marange and Mutsvangwa communities. We have met the social services, district development coordinator and the district



nursing officer and them about child marriages. The main aim was to encourage the Government departments to do their constitutional mandate of devising systems to protect the child against abuse. It is important for these government officials to understand the role they should play in protecting the children.

Looking ahead, we have noted that there is more need to train staff members in the six clinics in Marange and Mutsvangwa so that they be directly involved in implementing the safe-spaces concept working with police stations and schools with personnel who handle first hand cases reported to them of child abuse. We definitely need a harmonized action to protect the girl child. There is more need to engage the community leaders(*Chiefs*) particularly in Marange area. The traditional chiefs are more influential than a magistrate in town, and they should always speak heavily against child marriages

Thank you so much for considering Hope for KIDS for this project which has reached out to 6,800 children in secondary schools and 2800 community members in the two communities. We wanted to reach to more children and community members but for lack of funds. Marange and Mutsvangwa have a huge challenge with regards to Child Marriages and our intervention goes a long way to raise awareness and for communities to protect the girl child against this deplorable custom of forced child marriages in the afore-mentioned communities. In all awareness programs we adopted the slogan "Regai Dzive Shiri, Mazai haana muto" which is a well-known, local riddle that means that we should not eat eggs, but allow them to grow into birds, this referring to the young children whom we should not disrupt.

#### HUMBER JOB HUB

Given £3360 for an over 50s job and IT club

Since Humber Job Hub CIC started delivering employability skills coaching in 2019, it has become very clear that some older people, including those in their fifties are in a difficult bracket in which they are too young to claim their pension whilst considered too old or too experienced for many jobs. The Hull and East Riding area

has an older population which is far higher than the national average so there are larger numbers of older people finding themselves unemployed in their older years with no idea of how to start looking for work in a modern job market and lacking the essential IT skills to navigate through modern recruitment methods. This project enabled Humber Job Hub to provide an Over 50's Job & IT Club to help those that needed not only employment support but also some basic IT skills training to teach essential IT skills that are required for so many tasks nowadays – such as online banking and shopping, email and text communication, job searching, updating CVs etc. Large numbers of them had never produced a CV or had to apply for a job and they simply had no idea where to begin on facing unemployment and starting to search for a job. Thirty six individuals over the age of 50 have benefitted from our services:

- 18 individuals received basic IT skills training (either in small groups or individually) and were therefore more able to use their laptop or mobile device confidently. Some had specific requests such as being able to apply online for a passport renewal required for ID; use WhatsApp or Zoom to help with online interviews; search and apply for jobs; reply to emails and attach files such as their CV; all of which we were able to successfully do with them
- 7 individuals gained employment as a direct result of engaging with our services (that we know of)
- 9 progressed on to further IT training, aimed at gaining employment in their chosen next step
- 12 required and received advice on updating their CV, going away with a brand-new CV that better represented their skills and experience to prospective employers
- 6 required and received help with completing specific online job applications
- 2 required and received help with preparing for interviews, both of whom got the job
- 3 engaged with our confidence and wellbeing sessions



**Liz's story:** Liz was 55 and unemployed when she initially contacted Humber Job Hub and identified that she needed help with her IT and admin skills to improve her chances of finding employment. She joined the August Basic IT Skills Coaching Group, and we also found a suitable admin course that she could do in her own time from home and help build her experience and confidence with computers. Liz has since found a job where she does indeed need her new-found IT and admin skills and says "*My confidence has grown and grown since taking on this position. I am supported and helped with every aspect of the job, which has had a positive effect on me and the work I am doing with the team. I feel as time has gone on, I am more confident in myself and what I am* 

capable of. I'm still amazed at how different I am now and how far I have come since getting in touch with Humber Job Hub."

Pictured: Some of the members of one of the group Basic IT Skills Coaching sessions at Humber Job Hub CIC, held in August 2022.

#### INSIDE JUSTICE, HULL

Given £3000 to help the Yorkshire Prisoner and Families Outreach programme

Inside Justice is proud to announce that we were awarded the Criminal Justice award for the Best National Organisation at the prestigious Criminal Justice Alliance Awards in November 2022. The award recognised the hard work our charity has done in investigating miscarriages of justice, the incredible efforts our Advisory Panel members go to, all on a *pro bono* basis, and of course the staff team who work tirelessly on behalf of our applicants. We also recognise that we would never have been able to achieve this prestigious award without the ongoing support of our generous funders, such as The Scurrah Wainwright Charity, which continues our existence at a time when we are needed more than ever. Thank you.

Further to the generous donation of £3,000 from The Scurrah Wainwright Charity to support our Yorkshire Prisoner and Families Outreach Programme, we report our outcomes as follows. We received 579 applications for support throughout the funding period of November 2021 to November 2022, of which 93 were applicants from the Yorkshire area. Of those 93 applications, 60 were provided advice and support and signposted to the appropriate legal, policy or mental health support. Thirty three of these Yorkshire applicants were identified as further meeting our criteria for a comprehensive investigation into claims of a miscarriage of justice, and these 33 cases were reviewed by our Casework team; our Head of Casework and, if required, received pro bono legal or forensic expert advice from our Advisory Panel. In addition to the above, our helpline and info@ email support was available to the family members of each of the 93 applicants to contact us for advice and support.

We created a bespoke application form supplement to our application and guidance package to eligible Yorkshire applicants and their families, mentioning the projects aims and naming the funding supporter. We undertook one to one support calls with the eligible applicants and their family to explain our application process, provide pastoral support and legal options. We improved contact with Yorkshire prisons support services including the Prison Safeguarding Teams and specific in-prison support groups. We produced a bespoke guidance pack to eligible applicants and families detailing local support networks, application procedures and eligibility.

Our CEO improved high level contact with Yorkshire Prison Governors and prison management to increase awareness of our support and our project. We increased our communications with eligible Yorkshire applicants by use of approved and secure technology including 'Email A Prisoner'. We increased our ongoing support and advice communications to eligible Yorkshire families. We identified and formed relationships with Yorkshire based support organisations to make them aware of our services and to discuss and agree/offer reciprocal signposting advice services. We worked in and with the following prisons: Hull, Full Sutton, Doncaster, Moorland, Wakefield, Leeds and New Hall. We sincerely thank The Scurrah Wainwright Charity for your generosity and support throughout the funding period.

#### LABOUR BEHIND THE LABEL

*Given* £5000 to pay a community organiser to research and campaign against worker exploitation in UK clothing factories

Our key objective was to build community awareness amongst worker groups, many of whom are marginalised ethnic groups who need more support and also to have a trusted and local contact between workers in UK factories and Labour Behind The Label, which will help inform LBL's policies and campaigning work. We also wanted to build strong and trusted relationships with workers, ensure that their voices are properly included and represented in LBL's work, which will inform policy proposals and current UK garment industry work, and protect human rights amongst garment workers. The project has not undergone any radical changes in strategy or objectives. However, one significant shift has been adapting the work to reflect the success of the dialogue with brands which has meant that we have not done as much public facing campaign work as envisaged. This is to ensure that we maintain the pressure internally on brands to fulfil promises made and build trust with the brands involved as well as community groups and workers. Internally our Fundraising Director is currently on maternity leave (November 2021-November 2022) which means that the reporting duties are done by Dominique Muller.

We are pleased, among success so far, that finally there has been an acceptance of the need for any agreement to be legally binding. This has taken a lot of time and we believe is key to future concrete changes happening and importantly remediation and monitoring. Another success has been the acceptance of the need for arbitration. ACAS has now agreed to be involved as the key arbitration body to resolve disputes between stakeholders and provide final decisions on specific cases and potential breaches of standards. In addition, we now see the concrete impact for workers through mediation locally - several cases of worker rights abuses have been raised with LBL and the Fashion Workers Advice Bureau in Leicester (FAB-L). We have also been successful in gaining further funding to cover a part time (February 2022 - 2 days a week) Leicester based community engagement lead. The postholder is an experienced community worker who speaks several Asian languages.

This post is designed to ensure that we can build adequate trust with the community, and communicate directly with workers which is key in terms of worker empowerment and training.

One key challenge has been the ongoing discussions through the the Apparel and General Merchandise Public/Private Protocol (AGMPPP) which has meant a lot of time spent in different workstream meetings. However, we are pleased with the outcomes in terms of the standards that have been formulated (worker organising, union access and purchasing practices). The second challenge is the slow process of direct negotiation between brands / unions. In July 2021 we wrote to all brands sourcing in the UK asking for improved commitments and attention to the process. This proved effective in keeping up momentum! In October 2021 brands and unions then began the process of direct negotiations. As of 31 March, brands are currently working with their individual legal teams to refine language.

We have held many joint meetings with involved brands, trade unions and to a lesser extent suppliers through the AGMPPP. We have produced and circulated a set of key standards that needs to be included in any agreement along with core principles. We have ongoing meetings with key local organisations providing support to workers including Leicester City council. We are working closely with FAB-L which was established as a direct (and so far, the only concrete outcome) of the AGMPPP process. Dominique Muller is on the steering committee which is there to ensure direction, support and strategic advice. The other concrete outcome so far is again a result of our work and that is the development of a Workplace Access Agreement between brands and unions. Unions have now visited factories in the supply chain of 3 brands so far which in itself is a groundbreaking achievement.

As a direct result of our summer 2020 report on Leicester, brands, NGOs, unions, auditing bodies and enforcement agencies have come together within the AGMPPP. There were five workstreams addressing 1. Worker engagement and empowerment (focusing on union access, community projects, ensuring safety for whistle-blowers etc); 2. Intervention mechanisms (e.g., auditing, sharing data); 3. Business accountability (e.g., fair pricing, isolation of labour costs, purchasing practices, transparency ); 4. Regulation, legislation and political engagement as well as a governance group which Dominique Muller is a part of. The discussions led to a series of approved standards. In October a small group of brands began negotiating directly with the regional and national TUC (along with 3 other unions) to develop a legally binding agreement – the Joint Responsibility Initiative (JRI). This JRI has not yet been agreed upon.

In June 2021 LBL and Flex wrote a joint brief for labour market enforcement bodies (LMEBs) and the members of the AGMPP on the need to remove the link between immigration enforcement and labour market enforcement actions (such as raids and visits). We also developed some key standards for enforcement agencies and proposals around their working with other agencies and NGOs. In February this year we participated in the investigations of the low pay commission into Leicester garment industry. We have continued to raise issues around the lack of public accountability and information on the work of Operation Tacit (the taskforce established to address exploitation in Leicester) and have met with the Director of Labour Market Enforcement. Work with enforcement agencies continues to be slow and difficult. FOI requests to HSE on inspections of factories in Leicester during the pandemic lockdowns (and after) have not been answered and we will continue to chase this avenue for further information. We plan in 2022 to focus more on the role of the government and LMEBs with policy papers on low LME investment, lack of outcomes and the need for reform. We have laid the basis for this by submitting proposals to ongoing government consultations.

In terms of awareness raising, throughout the year we have continued with media/social media on the issues raised in Leicester – including features on legislation in the *i* newspaper (July 2021). See also media coverage around the collapse of Missguided (see below). Throughout the year we have held various meetings – separately and together – with unions and brands and other key stakeholders to ensure that there is clarity of aims and trust. Most recently we held a brand meeting in March 2022 to discuss access to factories for LBL research.In March 2022 we also held the first of a series of face-to-face meetings which brought together all community groups (and council) to workshop in detail how groups will collaborate together on three main areas – advice and signposting, training and remediation. We will produce further material outlining best practice and a mapping of possible routes to remediation and advice in the spring of 2022. In May we held the launch of a documentary (Open Secret) made with the Belgium Clean Clothes Campaign (Achact) on Leicester – following the stories of workers, suppliers and LBL. It was attended by about 60 people and brought together suppliers, brands, Auditors, unions and academics as well as people from the local community, schools and training bodies) The event saw people from all these different areas talking together for the first time.

We have also had several meetings and talks with the key community groups to discuss how LBL can work with them and how we can ensure the most impact for workers on the ground in Leicester. We are also heavily involved in the FAB-L project and as part of the steering group have been involved in supporting the publication of various materials, and the recruitment of two advice workers. In June we held a protest in London outside the offices of Teneo (administrators) and Alteri (investors who bought into the E-retailer Missguided)



about the recent administration of Missguided leaving millions of debts to suppliers unpaid. Workers in Leicester have not been paid and workers in Leicester and overseas have been laid off as a result. The protest saw the first time we managed to get a supplier involved and workers from Leicester travelled down.

We are currently assessing various training initiatives and ensuring involvement of trade unions in trainings for workers as opposed to more formulaic training on labour rights currently just beginning to be

offered. Through meetings with unions, we have encouraged sectoral unions to become involved in the project and aim to build this to also include retail and logistics worker unions in the garment supply chain. We also work on brand attitudes to unions to dispel concerns.

#### LEEDS DESTITUTE ASYLUM SEEKERS

Given £5382 in March for rent for a house accommodating destitute asylum seekers

Thank you for this very generous grant which has helped us to provide accommodation for eight destitute asylum seekers in two houses in Harehills. Over the period we have been able to help 10 individuals and have an 11<sup>th</sup> due to be moving into a room that has recently been vacated within the next few days. We are currently working to try and find a third property so that we can increase our capacity to be able to house 12 individuals at any one time, and hope to be able to have this in place within the next six months. Overall, the project has been very successful. We have been able to continue to provide our residents with a safe place to live, basic food and a small allowance for personal needs. Above all we are enabling these individuals to live with a level of dignity, and it is thanks to your grant, which has provided a significant contribution to our costs, that we have been able to achieve this.

We have used the funding you provided to cover the costs of rent on one of the two properties for a period of six months, as per the agreement. On behalf of the trustees of LEDAS can you please once again pass on our sincere gratitude to the trustees of SWC for your generosity and support of our project.

#### MANOR COMMUNITY TRANSPORT

Given £2000 in March for a Covid-safe, driving service for older vulnerable people

Your grant went towards the training of our volunteers and their out-of-pocket expenses. This year our budget for expenses, including travel and meal allowance, is £11,500 based on £230.00 per week for 50 weeks per year. These Volunteer Drivers and Passenger Assistants go the 'extra mile' to accommodate our passengers and and many use the skills honed through their positions to go on to find gainful employment. Our passengers trust these volunteers which means that carers are happy to let passengers travel alone with a volunteer, providing themselves with much needed respite and improving the carer/patient relationship.

Our main objective is to sustain a vibrant, healthy community thereby benefiting the older and disabled members of our community to be free from isolation, have access to basic services and remain active in society. We currently have 20 volunteer Drivers and Passenger Assistants; in addition to a further five volunteer Trustees. All our volunteers are enhanced DBS checked and our volunteer Drivers have all undertaken the Minibus Driver Awareness Scheme training and certification. During the Covid 19 Lockdown, when all our User Groups were suspended, we used this time for all our volunteers to undertake refresher Health & Safety & Safeguarding training, in addition to Defensive Driving, PATs (Passenger Assistant Training), Disability and Dementia Training in order to be able to offer a bespoke tailor-made service for vulnerable adults in a safe 1-1 environment. Additionally, all our volunteers have had training with regard Covid-19, the use of PPE and sanitising the minibuses before, during and after use. The 3 minibuses are equipped with PPE, sanitising equipment and non-contact thermometers.

We also have a Covid-19 Risk Assessment in place to help manage risk and protect both our volunteers and Service Users.

Generally, we support 15 groups weekly. In the year up to the 31st March 2019 we supported 15 groups per week (plus six others less frequently) and carried 9,484 passengers. However due to the outbreak of Covid-19 and as group travel was no longer viable due to the suspension of the User Groups - we were looking at providing a tailored 1-1 Buddying/Befriending' Scheme whereby our volunteers take the older, vulnerable people of this community shopping or for trips out and about with a companion, reducing feelings of being lonely, isolated or afraid and helping them to continue to be active in society. We have also taken people who need our specialised transport to vaccination appointments free of charge. We know that the people in our community still require access to basic services and are trying to adapt to the current situation in order to continue to combat isolation in older, vulnerable people.

After the 'opening up' and reduction of Covid restrictions, we have been driving for Enable Sheffield four days a week, Darnall Dementia twice a week, taking groups to Thornbridge Hall, Bakewell five days a week and recently a Lunch club and Church group have re-started. Potentially we could carry 1,900 passengers this year. We were running to capacity prior to the pandemic when all our User Groups were suspended but that period was well used for training as previously described.

This project will bring better health and well-being for older and disabled members of the community with more things to do and more places to go, a more connected, cohesive and proud community, with more skilled and confident residents in addition to a safer community. These forecsts are based on the fact that the community now has the mobility and impetus to spread its wings, while at the same time providing much needed social interaction. The grant has made a huge difference to the lives of these elderly vulnerable people, as without the funding there would be no MCT and all these people would be left in isolation.

#### MUMS UNITED

*Given* £4510 *in July for a 'bank' run by young people and their mums, selling affordable food/clothes/toys* 

Mums United Charitable Bank was created following the pandemic where mothers and young people came together to distribute children activity packs/food/clothes to the vulnerable. We have been specially pleased by the effect on young people involved. We believe that it has helped them with their self-esteem and confidence to know that they are helping those in need and has made them realise how lucky they are after seeing such

poverty. It has made them question the appeal of gang culture and has strengthened relationships with their mothers as they all work collectively on the projects. Packs are distributed to low-income families, refugees, the homeless and women who suffer from domestic violence and abuse. We provide advocacy, access to food, clean clothes and other support they need. Through this work, we have illustrated the importance of recycling and taking care of our environment. The following is a list of the work carried out by the coordinator and the volunteers. The campaigns were a success because we had in place a coordinator who could manage the donations received, manage the volunteers and ensure the donations were distributed accordingly.

Over 3500 packs of food/clothes/toys have been distributed and 60 families benefit weekly from our care packages below. Christmas gift bags including toys and books have been distributed to the vulnerable; 40 Boxes full of clothes were sent to Yemen through family Relief; 76 boxes of clothes and toys were sent through family Relief to support Syrian refuges in Lebanon and Jourdan; supporting 77 families from the Kurdish, Bulgarian, Iraqi, Syrian, Yemeni, Afghani, Slovakian, Kuwaiti Bedoon; Sorting out large donation to respond to the immediate needs of the Afghani community in Sheffield – Rotherham and Birmingham. During the Muslim festival of Eid gift bags containing food, chocolate, toys, books were given to vulnerable families – both Muslim and others. We also help a homeless project which aims to feed homeless in the city twice a week Monday and Friday.

Looking ahead, we are currently in the process of renovating new premises called Mums United Community Centre and our coordinator is ensuring the premises will be a welcoming environment for everyone. We would like to say a tremendous thank you to the trustees of Scurrah Wainwright Charity for believing in our cause and ensuring the vulnerable in our society are heard.

# NUTRITION, ADVICE, FITNESS AND SELF-CARE, BRADFORD

Given £4000 in July for exercise and health education classes for BAME women and girls

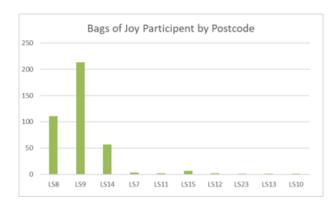
We purchased at the beginning of the project all the low impact equipment such as weights, mats and skipping ropes . We started with seated exercise with music and circuit training with Pilates at a cost of £200. We spent a further £1000 on hiring a hall in a deprived area and close to others to bring the activities to the local communities. It took around 4-6 weeks to get 30 women in the group who enjoyed low impact exercise and health and nutrition workshops which were run by a facilitator at a cost of £1500. After two months we bought netball and bibs to introduce walking netball equipment along with dance to music which took another £800 from your grant. After three months participants started to come to three weekly sessions to play tea sports and Zumba dance which added another £400 paid to English Netball. The final £500 was spent on refreshments for participants, management staff costs, volunteer costs and marketing to create flyers and videos. The grant helped to offer regular, free and cultural friendly sessions for more than 50 girls and women in deprived areas. Participants said that the lockdown had brought on lots of inactivity and isolation and they saw the project as a life saver for lots of families. After energy-filled sports sessions, the women discussed healthy eating menus and walking challenges.



#### OLD FIRE STATION

*Given £1000 in November for locally-made, free bags of Christmas gifts for children in East Leeds* 

More than 500 'Bags Of Joy' were created by the teams from Space2, East Leeds Project and The Old Fire Station with the actual brown bags provided by Tina Leslie from Freedom 4 Girls and both reusable and environmentally friendly. Inside each was a craft activity produced by local designers Buttercrumble encouraging people to create their own environmentally friendly Christmas decoration. They also contained a wicker star, crochet heart and leather key ring made at three workshops held in the community centre. A selection box provided by local company Graham Ltd through contact with Child Friendly Leeds completed the bag and we also produced a sticker and postcard explaining the story behind the gift and the organisations involved in its production.



The Bags were put together by a team of eight volunteers on  $29^{\text{th}}$  November at The Church of The Epiphany who then stored the completed bags until they were ready to be collected by the organisations distributing them. Bags were delivered in the week of 6-13 December in time for Christmas activities and food parcel deliveries. The project was promoted via social media with a reach of 4496, and 253 engagements on Facebook. Here's one response from a recipient at a local food bank whose children were very excited by the surprise: "*Thank you so much – it's amazing to know that someone thought of us.*"

#### ON BEING EUROPEAN

*Given £2000 in July for research and interviews for a book and web platform on post-Brexit sovereignty and national identity* 

A year ago, we were honoured to receive funds from the SWC to help us pursue a series of interviews with citizens across Europe to gather new perspectives on three deceptively simple questions: what does it mean to be European? What kind of identity is it? And what kind of politics follows on from this? The Trustees' support has proved instrumental in the successful start-up phase of our project. Despite a small delay to our initial timeline - due to Covid-19 and other issues - we have completed the background research, are finalising our first round of interviews and evaluating our preliminary findings. In this document we detail precisely how the SWC grant has been spent, outline the help it has given us, and explain how this first phase has set the path for the long-term completion of our project.

Upon awarding our grant, one of the queries the Trustees posed to us was how we would ensure our call out would reach a diverse range of European citizens. This question is something we've been interrogating seriously over the past year. Thanks to invaluable advice from friends and colleagues across the continent, and much internal deliberation, we've settled on three criteria for selecting interviewees, with correlative methods for reaching them:

A core pool of 800 individuals who were 'randomly selected' by a 'representative algorithm' to participate in the Conference on the Future of Europe (COFE) as members of the European citizens' panels. These people – who have no formal links to political parties or movements – were chosen according to criteria of age, class and gender (much like jury duty) to represent the demos of Europe in the largest participatory exercise in EU history. We were able to source these peoples' contact information via communication with the civil society organisation 'Citizens Take Over Europe' (through a public database compliant with GDPR). More information on these

So far, thanks to the SWC grant, we have conducted 16 interviews with a diverse range of citizens from England, Italy, France, Belgium, Croatia, Poland, Romania, Germany, Sweden, Denmark, Portugal and Czechia. Over the coming days we are meeting with individuals from Malta, Spain the Netherlands and Slovakia and are therefore on track to complete our target of 20 initial discussions by the end of the month. Leaving aside Covid-19 this progress has been more time-consuming than we expected, not least due to the intimacy of the discussions, and willingness of people to share the complex contradictions of their identities. Among the

testimonies we have heard from: an Iranian French woman, based in Brussels, who sees her Europeaness as something that protects her from racism; a Polish man from the mining region of Silesia who sees Europe as preserving local cultures from eradication at the hand of monolithic nationalism; a Czech IT worker who feels proud of Europe's religious pluralism and, as he sees it, relative tolerance; a Swedish circus performer who has built a successful career thanks to freedom of movement; an Italian DJ who, having spent years in London, feels "more Italian than ever" but nevertheless hopes his nation- state will delegate more powers to the EU; and a young Croatian who is nostalgic for ex- Yugoslavia which, with many caveats, she sees as having been a deeply European space.

This is just a taster of the work that is unfolding, but it does demonstrate the complexity of the task ahead. Our core hypothesis, "that something new is being born, something different from the kind of simplistic, sovereignty-centred identity which frames the old definitions of nationality" is seemingly being vindicated. At the same time, however, it's hard to establish patterns. The presence of multiple parallel Europes – e.g. Scandinavian Europe, Mediterranean Europe, Balkan Europe – each with their similarities and differences will require more detailed evaluation moving forwards.

The grant from SWC has been invaluable to setting up the technical side of the project, covering costs for software and our monthly subscription to the video platform Whereby where we have been conducting, and recording, the discussions. The working time dedicated to the interview activities has also provided us with important space to develop a better conversation plan. From an initial, rather rigid, set of questions we have now established a more open 'direction of travel' document allowing us to accommodate whatever responses we may receive without imposing assumptions on interviewees. The timing, and criteria, of the grant have proved well-suited to our work. The twelve-month timeframe for spending these funds has provided us with the freedom not only to conduct our first round of interviews but also to listen back on recordings, analyse and evaluate them, and develop our core argument. Initially we had conceived this work in two parts: a pilot phase gathering citizen voices, followed by more analytical political exposition. The two have now begun merging and - given the high quality of the interview materials - it is likely that the citizen voices will themselves form the backbone of the book.

It would be premature to assert exactly who has benefited from the project at this stage, though we can identify at least three broad groups. First off are the interviewees themselves. Almost without exception participants have been reaching out spontaneously following the conversations to tell us that they have enjoyed the experience, and come away reflecting more deeply on their personal and political belonging. As our exchanges continue, and we begin to publish excerpts online, we hope to encourage wider introspection and political self-education among European publics. Secondly, as active participants in organised civil society ourselves, we have been able to bring some of our interviewees' reflections into assemblies and other broad forums. Our research, and channelling of citizen perspectives, have thereby helped shape the wording of various proposals for pan-European social reform most recently the Porto Declaration for eco-social justice (of which Jamie is a signatory.) In a modest sense – via initiatives such as these – the project is already contributing to the enrichment of the European public sphere.

#### Finally, as EU institutional actors begin to discuss the path towards future Treaty Change or even a

Constitutional Convention, our work has gained even greater relevance, as evidence of why citizen voices must be at the centre of any such process. The version of Europe our interviewees are communicating is one that is multiple, not unitary; one based on the mutual recognition of each other's different identities rather than a single demos in-and-of-itself. We recently presented our preliminary findings to academics, policy makers, MEPs and members of the European Commission during a session of the EUI-STG Democracy Forum to ensure this aspect of the debate is not lost as the EU moves towards a new round of democratic reform. Our current priority is to complete the second cycle of interviews. With this in mind we are pursuing leads in Hungary, Lithuania, Greece and Estonia, and are hoping to find citizens of Ukraine who would be interested in speaking with us given the vital and urgent conversation on EU membership that has been unleashed by the Russian invasion. Based on our current progress we anticipate finalising these conversations by the end of September 2022. This summer, as soon as we have crossed a threshold of 30 interviews, we will begin publishing excerpts online. At first this will be a simple page with photos of our interviewees, and selected quotes from the discussions. We will also link to the Whereby recordings (and full transcripts) which will be available as resources for future researchers. Finally, we are pleased to confirm that the forthcoming interviews and book are fully-funded and we have sufficient resources to complete the project. We therefore expect to publish On Being European in 2023 in multiple languages with dissemination support from all the organisations mentioned in this report.

## PARKWOOD METHODISTS

Given £3000 in November towards core funding and a wide range of community activities

We would like to start by thanking you for the generous donation of £3,000. We used it as follows. During the Covid-19 pandemic we created and delivered over 100 Family Activity bags for children and Wellbeing bags for the elderly. This provided us with a unique opportunity to get to know our community members, having much needed conversations with individuals at a time when many were really struggling with loneliness and isolation. Due to its positive impact we decided to continue this into 2022. We have had the privilege of developing a consistent programme of activities over the last year to which your funding contributed. We have been able to see over 25 local people regularly attending our monthly Community Breakfasts. This has been a great opportunity for people to come together and develop relationships and during our 2022 Community Consultation, was highlighted as an attribute of the community. Our weekly children's drop-in for 5-11's has proven to be a great opportunity for young people to develop supportive relationships in a safe space. In particular we have embedded 'Cook & Eat' into our sessions, enabling young people to learn how to cook healthy, low-cost meals they can take home to re-create with family. This has been especially important as we strive to offset the impact from the cost-of-living crisis. At the time of our writing to Scurrah we hoped to establish a new Young Leaders Network programme with our local secondary school. We are pleased to say we were able to work with Moor End Academy to see 10 young people achieve ASDAN accredited Bronze, Silver and Gold awards. The school said they could see a tangible difference in the students who attended and would like to pursue additional courses moving forward. We are also looking to partner with other schools in the area to deliver further support.

We carried out Impact Evaluation Questionnaires with our beneficiaries at the Children's Drop-In and found that they either strongly agreed or agreed with the following statements:

- 100% felt they had someone to talk to
- 75% felt welcome, more connected to their community, more confident, had been able to make new friends through attending and felt that the project gives them a sense of belonging
- 63% felt they have more opportunities to be involved in community life
- 38% felt they can make a difference where they live

We are confident that our work is improving educational engagement and employability, reducing isolation and helping to reduce poverty and its impact. In our 2022 consultation, we asked respondents what they most loved about Golcar. An overwhelming 58% of responses referred to the people and sense of community spirit they felt here – a significant improvement to when we first spoke with local people in 2019. Thanks to the progress we have seen so far we are able to expand our offer of support to include a regular youth drop-in. We will pilot this project over the winter months, offering young people a safe space to 'drop-in' during cold weather and access warm tea, toast and conversation. We plan to establish this drop-in as a regular session following the pilot's success. We would like to take this opportunity to thank you again, for the incredible impact your donation has made to the lives of our beneficiaries over this past year.

#### PARTICIPATE SHIPLEY

Given £4139 in November to help with social action projects for primary school children

Your grant paid for the Our Venturists Project in which twelve two-hour sessions were delivered by Participate's qualified teacher to 15 young people in Year 5 (aged nine to ten years). Resources were prepared and delivered and consumables purchased. Additional enrichment visits within the local community were funded – these included local business and charitable organisations. The funding paid for expenses and for these organisations to work with the children; in total Our Venturists worked with 3 business volunteers and 12 charitable organisations. Five Youth Social Action projects were planned and delivered by Our Venturists. In order to carry out their ideas the young people had to pitch their idea to a Dragon Den's style panel in the hope that they would be rewarded with a slice of the funding pot which was provided through this funding. All the presentations were persuasive and inspired the Dragons and they were all rewarded with the funding to carry out their project. Certificates and t-shirts were presented to the children at the end of the project in celebration of their achievements. The t-shirts will be worn in the future as the school continues to develop its Youth Social

Action curriculum and Our Venturists will lead the way in this. "You are a Venturist for life," said one young person.

The project made a huge difference to the young people who were selected by their school because they had low levels of confidence and self-esteem or had difficulties with language and communication - many had English as a second language. Both the young people and the adults in school reported that the children were more confident during class discussions, participated better in group work and had better friendships and relationships in school. The young people say that they feel more confident in themselves; the evaluations, end of project assessments and discussions with school support this. This will have a huge impact on the young people learning in the future and will support them in reaching their full potential.

Opportunity for purposeful communication is embedded throughout the project. These young people are now much more confident communicators and have demonstrated this in many different occasions throughout the project. During their final celebration assembly they delivered speeches of thanks that they had written themselves to over 650 pupils. Life-long skills have been developed which will support them throughout their education and future careers. A teaching assistant from the school worked with Participates throughout the project. At the end of she said that she felt much more confident in taking the children out and about in the community because we had done it so much over the course of the project. She built networks and relationships within the community that she is wanting to continue next year, and feels confident to do so.

The school has built relationships within the community which was an important outcome to them especially since Covid when such things dwindled. They now have some exciting events in the pipeline with these new partners. The young people's social action projects have impacted many people within the community: refugees, animals and the environment, people who are homeless and people needing more affordable food. Food parcels have been provided, upcycled bird feeders created, potatoes grown for the school kitchen for school dinners and this will then be developed into growing affordable food for a mini-market stall in school, upcycled crisp packets to create an emergency blanket for the homeless and assemblies and workshops developed educating people on racism. The project has been a real success in not only helping the community but in developing key skills in the young people which will support their learning in the future. The engagement within the community and with business has been inspiring for the young people, widening their circle of opportunities and experiences, and exposing their career opportunities. The young people have found their voice through this project and have taken ownership of their own social action projects, and their own learning. Many of the young people said that they were interested in working in the community when they were older.

#### **Case Study**

We had visited community centres, community gardens and met sporting heroes and X said, "I just want people to be kind." And from that **'We Are One'** was created; a project dedicated to reducing racism and stereotypes in their community, and the world. X told the Dragons at her group's presentation that, "We are all equal and it doesn't matter if your skin or hair colour is different to other people, we are all the same inside. We want people to stop stereotyping because people are all different. We are all UNIQUE... but with a heart and a brain. We all have feelings. People get upset when people are mean to people with different coloured skin. People need to start sticking up and supporting each other." X's dream is "... for people to be kind, to have friends, be loyal, for everybody to help each other and for everyone to see each other as equal."

X led her group with passion, showed great leadership skills and is very determined to change the world and leave a legacy. She led her group to create a mini film celebrating the love, diversity and kindness in her school which they have presented to the whole school and she worked with the Race Equality Network to deliver a workshop to the rest of The Venturists. X is planning to create her own workshops to deliver to small groups of Year 5 and 6 in September – and I have 100% faith that her determination will ensure that this will happen as she has already been discussing this with her head teacher.

X's confidence and communication skills have developed so much over the course of this project and teachers see this back in the classroom. She has a spark now for learning and is ready for the next challenge. Her project promotes wellbeing, fairness and equality. Her effective leadership and communication skills, as well as her strength of personal values, has supported the rest of her team in developing their skills and attributes - the signs of a true leader and Venturist!

#### **Quotes from Schools Evaluations.**

"I want to leave a legacy. I want to help people. I want people to be kind and helpful instead of being rude." "You learn a lot. You feel confident."

"The Venturists is a community team and we make people happy."

"I enjoy how it makes me feel inspired. I want a legacy to fight for human rights. I hope that in the future people have to right to do anything they desire."

"The Venturists changed my life."

"The Venturists help different types of community and change the world into a better place. I feel more confident to change things in the world."

At the end of the year, one of our young Venturists was entered for the Community Stars Young Active Citizen Award which held by Bradford Council and won her category for her passion, determination, leadership skills in developing a project to reduce racism and stereotypes. Thank you for supporting and funding Our Venturists so these young people can develop their ideas and 'shine.'

#### PLATFORM ONE

Given £1501 in March to help to increase paid support work for men with mental health issues

We are a 'hands on' mental health charity based in the heart of Huddersfield, offering support throughout the county. We work with 1000+ people p.a. primarily men with complex needs and from all backgrounds and experiences. We encourage recovery through supportive activities, allowing reconnection at individuals own pace and within a safe and non-judgmental environment. Our aim is to help individuals develop interpersonal and practical skills to aid their recovery, reconnect with family, friends and the wider community and retain or find employment. We have had a very successful 2021 expanding our services and site, whilst increasing our income. None of this would have been possible without you – thank you so much. Your grant went towards the cost of delivering mental health work of additional sessions, more home visits and outreach sessions, PPE equipment and cleaning products and enabled 773 men and 284 women with mental health issues to achieve the following:

- 75% reported Improved mental health and emotional wellbeing
- 82% confirmed Increased self-confidence to advocate on own issues
- 81% agreed Better quality relationships with family and friends
- 67% confirmed Enhanced aspirations
- 73% reported Improved resilience and ability to deal with problems



Platform 1 entered a competition with the Department of Transport and won a decommissioned 'pacer' train carriage. This is adding to our expansion and has been placed at our site next to Huddersfield Train Station, and is currently undergoing a refurbishment to be part of our Safe Space site. It will be a 'multi-functional' area providing training activities and welfare chats, as well as a kitchen for cups of teas and snacks. A kind volunteer made a replica of the new carriage – fortunately it was cake so could be eaten too! This new carriage helps with the growth of our service which has over the past 12 months developed into three distinct paths and venues:

- - A freephone Crisis telephone line open 7 days per week answered by trained staff who listen, offer advice, encourage next steps into support, and signpost where appropriate.
- - 1:1 sessions in separate nearby venue for those who need immediate help and Crisis planning to help stabilization and self-management.
- - Safe Space On-site welfare support within a relaxed environment of train carriages on the old platform at Huddersfield Train Station where we offer help on a range of advice on housing, finances, employability and welfare issues, official documentation, a coffee & chat in a safe place

- - activities within a Bike hub where bike maintenance and logistic skills can be learnt;
- - Gardens with seating areas for socializing and developing horticultural skills
- - counselling sessions
- - Tuesdays is 'Women Only' Day. The site is open for Women's groups and individual sessions are available
- - a new Multi-training carriage offering training in various areas eg Hospitality and Food Hygiene; IT; employability skills; and a café for snacks and drinks with a social area
- - Outreach in various venues across West Yorkshire for those who need advice and pastoral care.

**Case Study**: 'Joan' a professional worker, was addicted to prescription drugs and alcohol. She was living with a feeling of guilt about the death of her father for which she blamed herself; a partner and a son aged 12. She did not want her employer to find out about her addiction as she felt embarrassed and feared she might lose her job. Her employer needed her to be functioning effectively due to pressures on their service exacerbated by Covid and lockdown factors. The son was experiencing problems at home and school, his attendance at school became erratic and his behaviour caused concerns. He was angry with his mum as he had been placed in temporary care with an aunt due to her addiction issues. We helped Joan's issues through bereavement counselling, detox and addiction support, family talking therapy, engaging with school support, regular welfare checks The effects are Joan working well, retaining her job, clear of drugs and alcohol, functioning partner and mother, dealing with father's death. Son is settled at home and school. Partner is no longer angry. School have less disruption and education continues. One phone call changed so much!

After the end of lockdown, we were keen to hold an Open Day for clients, supporters, and funders to say thank you to all those who have helped us and to show our services to people who may need help. We have been completely overwhelmed by the support of so many people. We were fortunate with bright sunshine and the attendance of lots of positive, inquisitive people and community members. Music was played by a local band, people brought cakes, raffle tickets were sold and a long happy day took place.

#### SAGE SHEFFIELD

*Given* £4000 *in March towards the manager's salary at an inner-city project in Sheffield supporting adults with severe complex mental health issues* 



Thank you for the difference that your grant has made to SAGE Sheffield. We applied for the grant to help finance our director so that we were better able to support the use of £9,450 we received from the Community Fund to run an additional support group for people with mental health difficulties on our allotments. This group was a great success, and the manager was able to facilitate our staff to offer a full range of activities, not just gardening.

We grew veg and fruit, including grapes(!), supported people to plant and manage their own beds and then cook and share the produce together. There were trips to a local park, and nearby countryside. As can be seen we were able to reach people of diverse ages and origins, and looking at their faces tells a story of the joy and calm experienced over the few hours spent with our paid staff and volunteers at SAGE. None of this would have been possible but for the support of charities such as yours.

## ST ANTHONY'S PROJECT FOR HOMELESS ADDICTS

*Given £5000 in March for a Recovery Coach to help restore residents' confidence to leave their Bradford accommodation post-Covid and to give regular staff holiday time* 

Our service normally runs on a very structured regime. All our interventions address all aspects of the issues experienced by our residents and day clients - offending behaviour leading to a life of using drugs and or alcohol to self-medicate the symptoms of mental illness, emotional trauma and the pressures of independent living. Covid really disrupted this regime and at first clients were upset about this disruption but gradually came to enjoy not leaving the premises and became apathetic and, if not depressed, then certainly had a low mood. This resulted in a lot of friction at the facility. We did what we could to put on extra sessions to fill up time and tried to get them out in the grounds but actually being involved in external services and projects was what had worked best in the past; helped with socialisation, confidence building and being a part of something bigger than themselves.

When Covid was over and we needed to get them 'cracking' again, there was very little motivation from them. In addition, we learned that some of our clients were not attending the services they set off to attend but were hanging around in the city centre. This was not good for two main reasons; firstly, a lot of drinkers hang around in the city centre and secondly there was the temptation to shoplift which is largely the offence most of our clients were involved in prior to coming to us.

Your grant went towards us getting more staff hours by increasing some existing staff hours and employing a recovery coach who was exceptional in terms of being known to services and allowed to attend with them. She also brought in a lot of speakers with life experience to talk to the clients and took them swimming after negotiating with the health club for almost zero fees. She also changed their day treatment provider to one who deliver the recovery programme in modules and present certificates for achievement. This was a real morale booster and after a while, not only brought the clients up to scratch, but led them further on in their recovery.

The difference was that as a consequence of the grant, and after making adjustments due to Covid, the clients now have a more robust and better recovery model than before. We have also kept the invited speakers' session and one of the clients is being supported in a 'friendship' role by one of them who takes him out for tea once a week and provides non-clinical support. He has no family so this relationship is very important to him.

We did experience a 'blockage' in terms of clients moving on, and us not taking on referrals during that time for obvious reasons. We only had 16 clients during the period of the grant. However, we believe that the quality of provision has improved dramatically. An example is Andy who has serious mental health problems to deal with. After additional coaching he volunteers with the Hep C Trust and with support, has moved into his own accommodation which is very well kept and spotlessly clean. He continues to visit us regularly and is supported with his domestic issues but is nevertheless doing amazingly. He says:

I was a mess before I came here. I had no hope and I honestly thought I would die within a year. This project has turned my life around in a way that I didn't think was possible. I knew other addicts with problems with their mental health had got better and gone on to live good lives, but I thought I was too bad for that and it wouldn't work for me.

Covid was hard and I'm not going to say it wasn't, I came close to using drugs again but Sarah, (the Recovery Coach) was great, she had more confidence in me that I had and did me loads of good. I started eating loads of take ways during Covid and I got really fat, I just wanted to stay in my room and play on my Xbox. She made me go swimming, and at first, I just went 'cause I thought she was nice and didn't want to upset her but I'm glad I did cause I love it now. It stops my head racing and afterwards I feel in a good mood. It was her who kept telling me to get my own place 'cause I could manage it, I didn't think I could, but she was right, I love it, and she lets me look after her dog sometimes when she is at work. I love that dog, but she's crafty, I know it's so I get exercise when I take him for a walk. I still have wobbles with my mental health but I know they will always support me, I'm doing good; better than I ever have in my life. Thank you for paying for her.

#### SURVIVORS OF TORTURE ACTIVITY FUND

*Given* £2000 *in July to pay leisure centre costs for survivors of torture starting new lives in North West England* 

Thank you very much for your grant of £2,000 which we put it to very good use and comments from survivors demonstrate that it was very gratefully received by people we support. When the pandemic hit we were particularly concerned about survivors. Because of the trauma they had experienced in their country and the poverty they experience here in their new country many find it very difficult to maintain a positive attitude to life. These problems were exacerbated by the threat of the Covid-19 virus. We felt at this time that some of the services we offer could help many survivors to be positive and develop their lives again. We continued funding leisure centre memberships which most survivors said helped them a great deal. We also were worried that survivors find it difficult to be positive if they are cold and hungry. So we developed our services to offer help with the cold and hunger. We offered warm bedding and food on a monthly basis.

This is where you came in. Your grant was spent over a two-month period in 2021 and enabled us to fund leisure centre memberships during that period. You paid for 35 memberships at an average of £25 per month. You provided around £1600 for leisure centre memberships. Your grant also helped us to provide food for up to 20 families and single survivors. Your grant contributed around £400 for this. You provided more expensive items that our friends at the local food bank were unable to contribute. Items like nappies, specialist soaps for a child with skin problems , laundry powder , specialist food like semolina flour and also toiletries. There is no doubt that survivors really appreciate these services that you have helped to provide. It is often amazing to see the development of many survivors' mental and physical well- being. One survivor said recently that he didn't need therapy but just needed a leisure centre membership. Whereas this view will not be held by all survivors, it does show the value leisure centre membership have for many survivors.

We send survivors a list of food that we can supply and ask them to indicate which items they would like. We also encourage them to tell us if there is anything else they would like to add to the list for themselves. We make it clear that we will supply their food choices if they are available and if we can afford them. You helped us to afford them. Last but not least, you enabled us to be a support, a helping hand and a person out there who cares.

## THACKRAY MEDICAL MUSEUM

Given £5000 in November to help free and increased access for the community around the Museum

In 2021, the Thackray Museum of Medicine re-opened, following a major refurbishment of the building and galleries. The museum redevelopment was founded on principles of co-curation, community engagement and promotion of the museum as both a space where people could form a stronger sense of personal agency in relation to medicine and healthcare and as a local asset for wider community resilience. To gain greater benefit from this newly redeveloped asset, the museum initiated a programme of activities and initiatives to increase access and engagement locally. We approached the Scurrah Wainwright Charity to support a number of elements of this programme over the course of our first year of operation – including our Harehills Mondays programme of free admission and activities, and our Supported Sundays programme of a wider community engagement plan, which included the appointment of both a volunteer co-ordinator and community space and new family play facilities. Together, these initiatives represented a strategy to allow people in Leeds to benefit from the recreational (and wider educational and social) opportunities represented by the museum for whom the cost of a visit might otherwise be a barrier.

The activities and outcomes comprising our community engagement programme have been extremely positive overall in establishing new ways of accessing the Museum. This being a new initiative, it has of course also been a learning process, through operating an untested new public offer, understanding the depth of work and demand for more structured activity, and enabling local communities to make better use of it. We also saw a far greater impact in the immediate aftermath of the Covid-19 pandemic on a reduction of participation numbers

generally, particularly in the latter part of 2021 and early part of 2022, as anxiety about the Omicron surge affected our visitor numbers significantly and led to cancellations and postponements of school visits. These twin factors, of local perceptions and wider Covid anxieties, have meant that we have needed to invest more time in targeted and supported activities for local people. It has also meant that the anticipated uptake and number of walk-in local participants has only more recently begun to emerge. In practical terms this has meant that rather than being able to subsidise activities from anticipated admissions, with lost income offset against the value of subsidised places as originally set out, we have had to directly fund activities to a greater degree. Another factor that has had to shape our plans has been competition for funding. Many funds that we would traditionally approach for support continued to be diverted to Covid-19 impact projects and we have had to divert some of our own reserves to sustain operations against that. The museum was unable to raise the full anticipated costs (£33,400) for the Growing Medical Capital project as dedicated, restricted funds, however we were successful in raising £10,000 in total.



The museum has established a new, regular social prescribing clinic on-site (the first to be hosted in a UK museum) which runs on a Monday as part of Harehills Monday. A Social Prescriber from Linking Leeds uses the venue as a resource to meet clients on a weekly basis and also holds a drop-in coffee morning every six weeks for local service users.

The Harehills Monday initiative encourages local groups to make regular use of our community space and galleries, including a Swahili Sewing Group and a group of local ESOL (English as a Second Language) learners.

The museum has seen a steady, albeit slow increase in free visitors on Harehills Mondays. During this period, free admission was issued to 342 walk-in visitors (excluding local schools, and c50–60 social prescribing clinic clients and advocacy group users who are recorded separately). The Thackray has hosted a further 1,030 people on site from local groups for museum tours and other structured visits and activities (supported by our community co-producer). Total participants to date have therefore been 1,372 local people. Use of our *Sparks!* under-5s soft play and role play space has also been extremely popular on Harehills Mondays. Local residents can take advantage of free entry of both the museum and the play space as part of our bespoke story-time sessions which were launched in October 2022. During the period we welcomed 4,334 people to *Sparks!* on Harehills Mondays, with 24 attending specific story-time sessions.

The Museum's Supported Sundays programme is targeted at providing enhanced access for people with additional needs. The programme set out to combine a relaxed, sensory exhibits

(ie with interactives and A/V muted, light levels and other effects adjusted) with a series of family activities and extra staff support for visitors. Over the course of the year the Learning team established a plan of action for the Supported Sundays scheme; it was clear that this type of programme needed detailed and thorough planning, in consultation with expert advice. As a result, the programme is still in the early stages of development and is yet to fully engage with the intended audience.

#### WELLSPRING THERAPY HARROGATE

Given £5000 in November for extra capacity to counter additional Covid 19 and cost-cutting needs

Your grant enabled us to provide a greater number of counselling/therapeutic activity sessions to help our current and additional clients re-gain trust, improve their confidence, overcome isolation, and address the compounded/additional mental health problems they face as a result of covid-19. The grant was used to cover the cost of developing and expanding the range of Community Courses, Services and Projects we deliver, in response to increased demand. These included:

- Creative well-being activities (mindfulness, art, writing, etc)
- Volunteer Training

- Interventions to support families such as parenting courses, and courses that support families through difficult circumstances such as loneliness, isolation, bereavement, relationship break down and abuse.
- Providing supportive networks for people struggling with loneliness, isolation, anxiety and poor mental health
- Mental Health education (coping strategies, relationship skills etc)
- Sand tray therapy to schools & businesses

We also increased our capacity to deliver face-to-face/online counselling sessions and further developed the highly successful 'Route One to Wellness' partnership, which currently consists of Wellspring, The Orb, MIND Harrogate and Claro Enterprises.

In the year ending November 2022, we provided over 100 Adults and 50 children experiencing mental health problems, with an initial assessment, Information, Advice/Guidance, Counselling and activity sessions, tailored to meet their individual needs. We provided over 4000 counselling/activity sessions for adults and over 1500 for children and 40 14–18-year-olds participated in our activities to improve their mental health and develop their self-worth and emotional resilience, through our Empower project. The content of the counselling sessions/courses/activities we delivered were designed around the requirements of each individual client, but the overall objectives of our work, was to help our clients to:

- Overcome crisis, and/or trauma, by providing immediate support
- Maintain and manage positive relationships with family and friends
- Increase resilience, independence, and engagement with the community
- Come to terms with past and present experiences
- Improve physical health/wellbeing
- Reduce isolation
- Identify and provide help to access social/leisure/sports activities
- Understand the importance of learning something new
- Improve communication
- Take time to appreciate the things around them
- Set realistic goals
- Develop effective coping strategies
- Appreciate the benefits of 'giving'
- Reduce isolation
- Increase confidence/self-esteem

The issues faced by our clients, included one or more of the following: Depression/Anxiety, Stress, Eating Disorders, Bereavement/loss, Emotional Abuse, Bullying, Self-Harm, Trauma, Addictions, Work/school problems, Relationships, Life transitions and Physical & Sexual Abuse. The sessions we delivered generally lasted for 50 minutes, and took place on the same day, at the same time, with the same counsellor each week, and were provided on a short, medium or long-term (one year plus) basis, depending on the individual needs of each client. Additional support was always be provided, as when our clients needed it.

Most of our clients were referred/signposted by NHS providers such as GP's and primary and secondary mental health teams. However, we also received referrals from our well-established network of referral partners, including statutory support services, community and voluntary groups and churches, plus self-referrals and recommendations from friends and family. The work funded by the grant made the following differences to the lives of the Adults/Children we supported:

- Their confidence/self-esteem/physical health/wellbeing/emotional health improved
- Their feelings of loneliness/isolation reduced
- Their engagement in/risk of self-harming/destructive behaviour/suicidal thoughts reduced
- Their engagement in social, leisure and sports activities increased
- Their relationships with family/friends and engagement with the community improved
- They developed effective coping strategies for the issues they were experiencing
- They feel ready to undertake employment/volunteering opportunities.
- Their ability to access/maintain their employment/education improved
- Their use of NHS/social care services, and reliance on welfare benefits reduced
- They have come to terms with past and present experiences.
- Their engagement with the local community has increased
- They are now able to set realistic goals for themselves.

## WHO IS YOUR NEIGHBOUR?

*Given* £4000 *in November to facilitate constructive discussions about race, ethnicity and related subjects in predominantly white British communities* 

Survival has been an achievement for us over the last two years since the pandemic struck. We, along with so many organisations, had to work out how to respond to external events. We decided to furlough half the team and put activity on hold as we were strongly rooted in face-to-face delivery, but within a couple of weeks the Project Manager, Tariq, fell ill and I was the only member of the team able to continue working. Tariq was off for three months and returned with what came to be known as Long Covid which continues to have a considerable impact on his activity. It soon became clear that our funding position, which had been comfortable while needing ongoing thought, was being badly impacted by several funders closing their doors to applications and others switching their priorities to direct Covid response work. It is funders like you who kept faith and continued to support work for causes tackling underlying challenges who have meant we are still here. Covid inevitably changed the ways we work. Immediately we started to work from home meeting on Zoom and to explore how we could continue to hold our conversations in the new circumstances. We looked at options for holding sessions on Zoom but were never fully convinced it was a long -erm solution but also started to hold outdoor conversations in public spaces that will continue to be one of our approaches from now on.

We have used your grant for two of our projects. One, that we call Street Talk, is a partnership project in an area of Rotherham, with a particular focus on two streets. The Refugee Council support families placed on these streets, who have experienced open hostility from some residents. Asylum seekers who live there face similar difficulties. Whilst there is support for those families, historically there has been little engagement with the established community in a supportive role, other than one night a week of statutory detached youth work which ceased in June 2019. Our specialism of working with host communities led to the Refugee Council inviting us, along with a local community mediation charity, to join them in working here. We succeeded in bringing the former detached youth workers into the team, meaning we could reach families who would normally be slow to trust outsiders and unlikely to engage with our work.

Street Talk started by building relationships with stakeholders and residents who we identified through consultation at the local community centre and by knocking on doors. We found that our approach of engaging with residents, talking and listening, wasn't resisted by agencies used to a more enforcement role, but they just didn't know how. As they saw what we did and the way people responded they became increasingly supportive.



We held pop up street events for families and held safe space conversations with both new arrivals and established residents and carried out a series of interviews to hear people's stories of life on those streets. We were about to hold an event to share those stories the weekend we went into lockdown. Your grant meant we were able to pick up this work 18 months later. We started with a pop up event on the streets but with facilitators involved this time. Initial discussions were about Covid with residents bitter about their experience and angry with Government and the revelations of parties at Downing Street. More recent arrivals talked of difficulties settling in. In March we were finally able to share the stories of people who live on the streets. People on these streets

used to all work in the coal mine a short walk away. Story work is so important, giving voice and value to people's personal histories so they can rebuild identity in a positive frame. In that context they can hear and value the stories new arrivals bring with them.

This project has taught us a great deal about partnership working. We took a strategic decision to pursue this about 5 years ago. We would hold conversations and feel people ready to make changes but still facing a lack of resources in their neighbourhoods. We didn't want to broaden our work and lose the focus on attitude change so looked for others who could take the next steps and support communities to engage with local agencies to deliver more in their areas. We've found there's work involved in making that approach succeed. The needs of partner organisations to meet their individual outcomes have to be balanced against meeting the needs of the neighbourhood. It means the whole team has to be flexible and work to help each other deliver. There's a lot of

checking in to ensure everyone feels their views are being heard and the whole project needs to be co-ordinated to stay purposeful. There are resource implications to that, but if done well the whole team can be more than the sum of its parts and have a greater impact. The most difficult aspect is changing personnel, both within the team and in stakeholder organisations. It can feel as if you no sooner establish productive relationships than someone changes role or moves on. Having the Street Talk identity helped to keep continuity for the people on the streets.

The other project your grant has made possible for us is in Barnsley. Working in partnership with Youth Association, we've started to engage young people in local parks. We've usually worked with adults, often older people, but realised that attitude change could be productive with younger people too. We recruited a facilitator with youth work experience to help us develop this. He also has lived experience of growing up on an estate with mainly white people as a mixed-race child. He has spent several sessions alongside Youth Association, talking to around 50 young people about their lives and aspirations, working towards conversations about their perceptions of other cultures. They talk very openly of their experiences, their pride in Barnsley, apprehension about what they say the local paper portrays of nearby Sheffield: a world of gangs and danger. He contrasts this with the more mistrustful demeanour of the Rotherham residents. Contacts with the adults in Barnsley are leading to training in managing relations with the young people in more positive ways.

Having your support at this time of unprecedented challenge has meant we can rejuvenate our activity programme and present a credible case to other funders that means we'll be able to maintain and develop these two projects. We've since received further funding for both pieces of work. We want to explore further the factors in a place that mean it's difficult for new people who arrive and what can people who live there do about those factors. Who can help them to do that? We're especially interested in what are the difficulties in responding to change for the established long-term residents, as they are often overlooked when neighbourhoods change. We want to challenge them to work out what they want to happen because change is not going away, so what would "working" look like? It's important to us that long-term residents and new people are both in the middle of whatever we do and that new and long term people are able to talk about how change that happens is affecting them. Crucially, we must continue to work out how we can work effectively as outsiders. This means we work alongside partners who are skilled in analysing impact and effectiveness and much of our work has an action research component. We are a small project but by working this way we can have greater impact sharing what we learn to support others to be more effective and confident in their own interventions. We are so grateful for your support.

## YMCA GOOLE

Given £5000 in November to pay a Trauma Informed Counsellor for young homeless people

The counsellor employed through this grant worked six hours a week for four months. Referrals were allocated based on appropriate need and availability, as follows:

- Month one: 27 hours counselling
- Month two: 39 hours counselling
- Month three: 27 hours counselling
- Month four: 27 hours counselling
- Total: 120 hours counselling

Residents were identified from their support sessions with staff and referred into the counselling scheme. These residents were identified using several factors:

- Residents that required more in-depth discussion around their emotions and behaviour.
- A recognised decline in their mental health.
- Staff felt their support sessions were not enough to provide adequate support for a resident.
- When complexities or traumatic disclosures arose in one-to-one sessions.
- If staff observed a change in the resident's wellbeing and felt more support was necessary to prevent further decline.
- Ideas around harm were discussed and staff felt they required further intervention for safeguarding purposes.

• Where residents were waiting for medical intervention for their mental health, but the waiting list could result in a decline.

Residents arrive at the YMCA often with multi-complex issues. Staff support residents on their practical needs, life skills, education, participation, engagement, social skills, budgeting, and emotional support, with the ultimate goal of achieving full independent living. Staff are not trained counsellors and therefore this funding has had the benefit of providing an extra layer of support for residents to address deeper rooted, often trauma based, personal topics. These are commonly around rejection, abuse, relationship breakdowns, undiagnosed mental health issues and anxiety.

The introduction of a counsellor in this setting has seen a reduction in potentially destructive outbursts with two residents, and learning opportunities presented themselves for the residents in their counselling sessions. These two residents reported a different mindset towards conflict in the residential setting. Feeling they wanted to avoid conflict rather than seek it out. This can have a positive effect on all residents and staff may feel they have more opportunity to work with them on their practical needs, when the counsellor is concentrating specifically on their emotional needs.

Emotional wellbeing is recognised under law. Due to the age range of the YMCA residents, even more importance is placed on providing additional support to all young people that are receiving supported housing. Although medium risk institutes are not legally obliged to provide counselling, a viewpoint should be taken that additional support 'should' be provided where young people and vulnerable adults are housed.

Through this project, our young people have been able to access a space where they are safely held to explore deep rooted trauma. The benefit that overrides anything is that they feel recognised and importance is given to their emotions and experiences; that they are prioritised and respected enough that they can have time to reflect on what has happened to them. Our counsellor reports that all twelve residents reported feeling heard and respected in their counselling. Eight residents reported this being the first time they have ever shared their trauma. Eleven residents have said they want to make progress in their lives and not become a statistic that everyone expects. This funding has been of huge value to twelve young lives. The difference it has made to those individuals has made this project worth it and something we hope we can continue into the future.

#### ZIMCONSERVE

*Given £5000 in March to Install a solar powered borehole on a 5-hectare community permaculture garden* 

Zimconserve is proud to present its final report on the £5000 Grant awarded to us for a solar borehole for our community garden project. Following receipt of the funds, we promptly engaged a reputable borehole drilling firm by the name Aqua Masters to execute the task. On the 11th of September 2021, they came and did the geological survey. With military precision they were up to the task and gave us the results two days later.

On the 14th of September drilling began in the morning and five hours later and sixty metres deep, they had struck the water table. All those happened in full view of the local community, who had withstood the thunderous din of the drilling rig. An air of joy and expectation hung over the site as the proceedings took place; everybody present was visibly happy. Capacity tests were made available and it read 1 litre of water per second-a commendable output. Then five days later, Aqua Masters had completed their job, with everything in place such as the installation of the 3 water tanks and 3 stands and the requisite solar panels and immediately the water began to flow from the eight taps.

Finally on the 1st of October, 2021 we did the commissioning ceremony where we invited community members and the local leadership who included the District Administrator, the Hon Mr Samunda among others. The whole community was unanimous in expressing their joy over the noble initiative. And we hastened to tell them of your generosity which had made the project possible. On the same occasion, we took the opportunity to exhort the community to start their gardening activities forthwith that is land preparation and seedling nurseries among others. And as we speak, a total of 120 gardens are fully operational and harvesting routines have since begun.

Your grant came in handy in more ways than one. Firstly, it brought forth the much-needed potable water source to the Seke community in general and Chipere village in particular. Secondly, it has enabled more than 100 households to engage in self-help nutrition gardening projects, which has to date ushered improved living standards, food self-sufficiency and income generation. Community resilience building so to speak. Overally, thanks to Scurrah Wainwright Charity,ZimConserve has finally managed to achieve its goal of uplifting the locals from the extreme poverty conditions they previously wallowed in. It has availed self-employment opportunities for the youths, the widowed and child-headed families. Women in particular who do most of the household chores including farming have since benefited immensely from the initiative as they have been empowered as a result, thus making a mockery of the society's biased stereotypical role they are forced to bear. They have now become financially flexible enabled to meet their day to day needs like school fees for their kids not to mention sundry other household needs. In a nutshell, happy faces are the order of the day in Chipere village thanks to Zimconserve's partnership with Scurrah Wainwright Charity.

It would be nice to end on that note but unusually we have one...

#### Grant recipient which has failed to report

#### BREAK THE SILENCE

Given £5000 in March for personalised domestic violence support services organised by a survivor

This was a small charity set up a strongly committed campaigner whose own experience was important to the work. They described in emails following Kerry's repeated requests for a report that the funding – the first grant they had received in spite of a large number of applications, had enabled them to help more than a hundred families over the year to the end of February 2022. The grant paid for core costs but we have had no further detail other than a description of problems including the departure of a key member of the team, bereavement and ill health which clearly overwhelmed the organisers. The group is well over a year behind with its reporting to the Charity Commission which intends to remove it from the register at the end of March 2023.

We are optimistic that the grant was useful and we will continue to support small groups which can find it very hard to keep up the administrative side of things. However, we regret that we cannot accept future applications from those concerned with this organisation unless a report is forthcoming. It is very unusual to have to take this step, partly because Kerry devotes a great deal of time and a mixture of charm and persistence in getting reports in.

#### Grants by area of interest and involvement

In the case of groups with varied beneficiaries, the prime one has been chosen.

#### Asylum seekers/Refugees

Displace Yourself Theatre £3000 Doulas Without Borders £5000 Leeds Destitute Asylum Seekers £5382 Survivors of Torture £2000 Total: £15382 **Community** Gipton Methodists £11,750 Parkwood Methodists £3000 Total: £14750 **Democratic reform** Democracy Club £5000 On Being European £2000 Total: £7000

#### **Disability/Mental Health**

Advocacy Alliance £4800 Wellspring Therapy £5000 HK Media £5000 Bringing Us Together £9550 Platform One £1501 Sage Sheffield £4000 Total: £29851 **Education** Free Your Tech £2100 Thackray Medical Museum £5000 Who Is Your Neighbour? £4000 Total: £11100 **Employment/Training** Humber Job Hub £3360 Labour Behind the Label £5000 Total: £8360 **Ethnic Minority** David Oluwale Sculpture £3000 Total: £3000 Food poverty Bags of Taste £5000 Mums United £4510 Total: £9510 Homelessness St Anthony's Project £5000 YMCA Goole £5000 Total: £10000 Legal and Benefits Aid Inside Justice Hull £3000 Total £3000 **Older** people Manor Community Transport £2000 Total: £2000 **Southern Africa** African Children's Fund Zimbabwe £5000 Dabane Support Fund Zimbabwe £3000 Hope for African Communities Zimbabwe £5000 Hope for Zimbabwean Kids £4230 Zimconserve Zimbabwe £5000 Total: £22230 Women Complete Woman £3600 Nutrition Advice, Fitness and Self-Care £4000 Break The Silence £5000 Total: £12600 Young people Home Start Craven £3750 Old Fire Station £1000 Participate Shipley £4139 Total: £8889

Total Grants Paid: £157,672

#### **Previous Annual Reports**

These are available from the Trust and those from 2011 onwards are on the website

Getting on with it 1991-95 The work goes on 1996 Wider still and wider 1997 Boules to Beijing 1998 Water, water everywhere 1999-2000 Campaigning and continuity 2001 Big – and other – issues 2002 Keeping the vision in sight 2003 Review of grants 2004 Lightening the load 2005 Seeds for change 2006 Resources for change 2007 Same streets, parallel lives 2008 Bright ideas – bright futures 2009 Rising to the challenge 2011 Create, inspire, change 2012 Together for change 2013 Helping others help themselves 2014 Ending Isolation 2015 Teamwork 2016 A Massive Thank You 2017 Adventures in a Challenging Time 2018 Swimming in Spaghetti 2019 Outwitting Covid – Year Two 2020